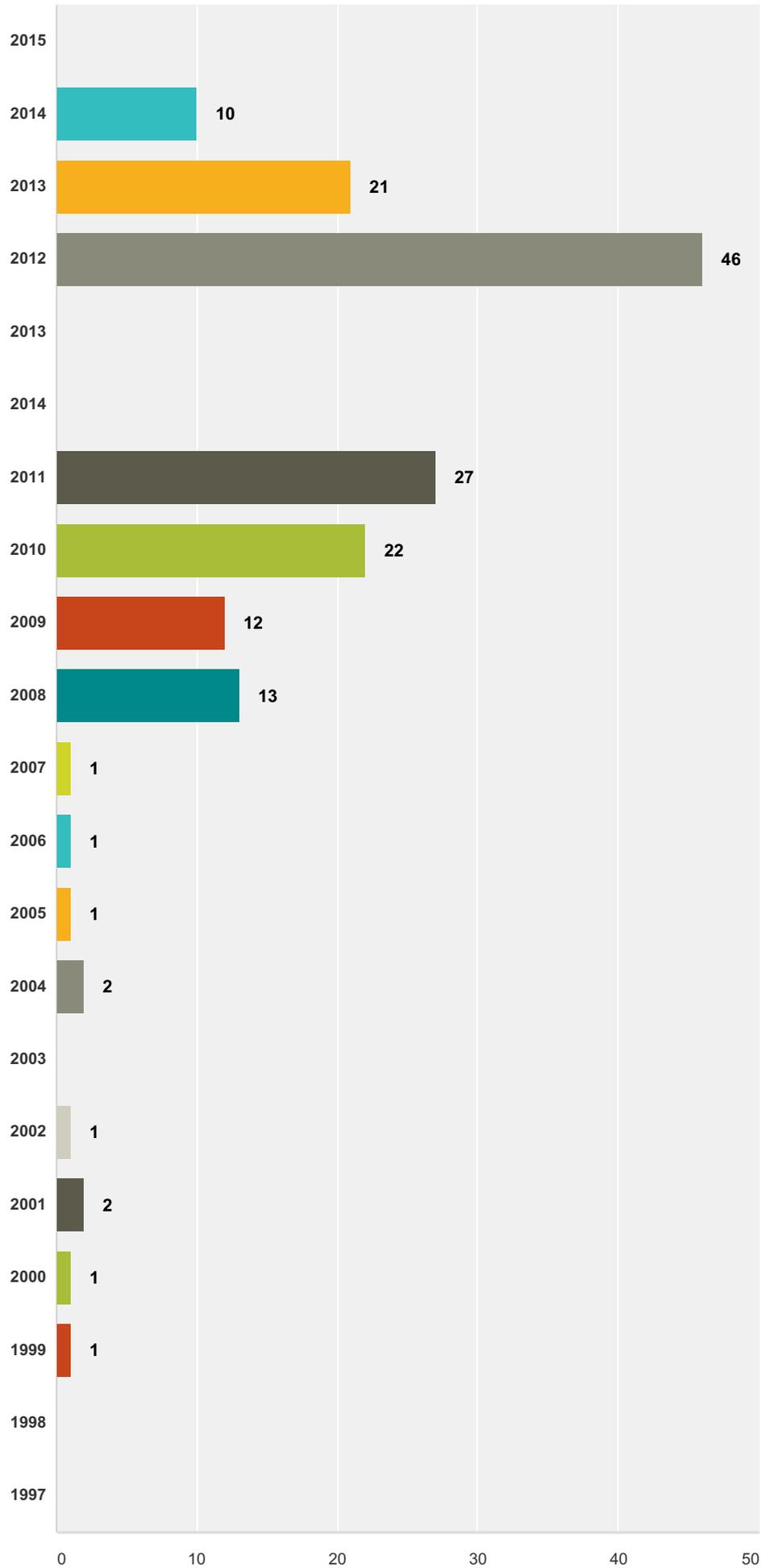


Participants Survey

**Q1 When did you participate in Operation
Newstart?**

Answered: 157 Skipped: 3

Participants Survey



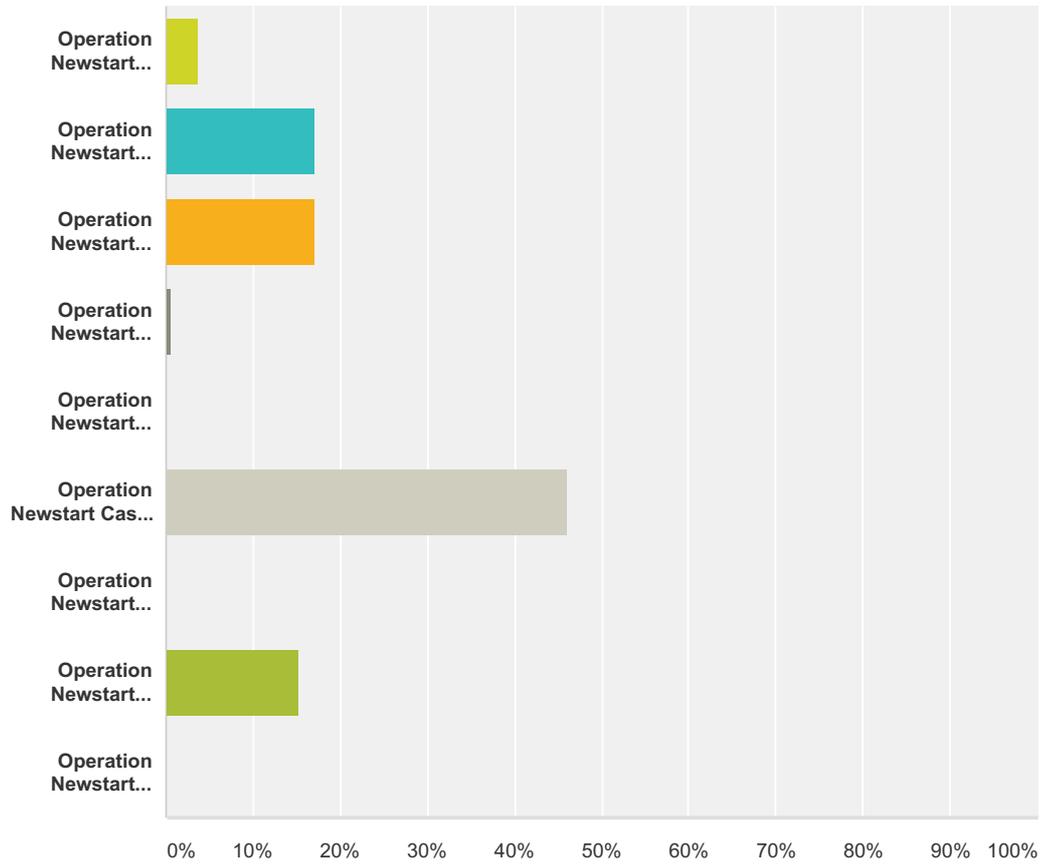
Participants Survey

Answer Choices	Responses	
2015	0.00%	0
2014	6.37%	10
2013	13.38%	21
2012	29.30%	46
2013	0.00%	0
2014	0.00%	0
2011	17.20%	27
2010	14.01%	22
2009	7.64%	12
2008	8.28%	13
2007	0.64%	1
2006	0.64%	1
2005	0.64%	1
2004	1.27%	2
2003	0.00%	0
2002	0.64%	1
2001	1.27%	2
2000	0.64%	1
1999	0.64%	1
1998	0.00%	0
1997	0.00%	0
Total Respondents: 157		

Q2 Which program did you participate in?

Answered: 158 Skipped: 2

Participants Survey

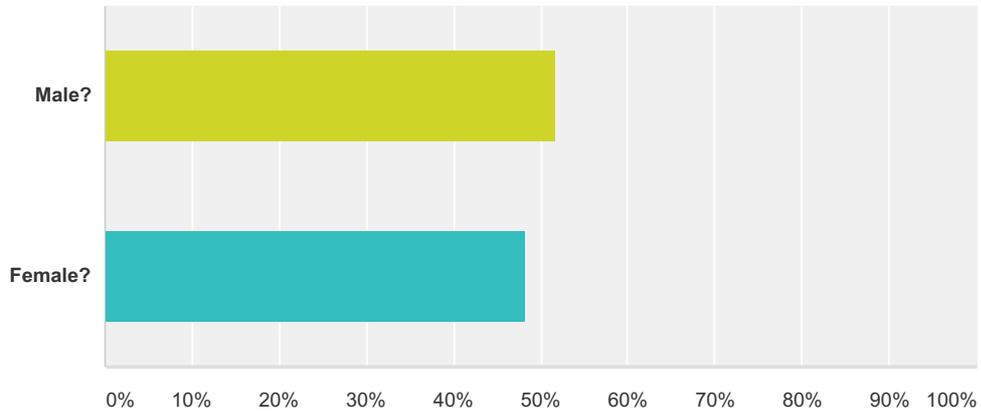


Answer Choices	Responses
Operation Newstart Southern (Frankston)	3.80% 6
Operation Newstart Southeastern (Dandenong)	17.09% 27
Operation Newstart Western (Flemington)	17.09% 27
Operation Newstart Northern (Collingwood)	0.63% 1
Operation Newstart Eastern (Glen Waverley)	0.00% 0
Operation Newstart Casey (Narre Warren)	46.20% 73
Operation Newstart Shepparton	0.00% 0
Operation Newstart Geelong	15.19% 24
Operation Newstart Central Victoria (Bendigo)	0.00% 0
Total Respondents: 158	

Q3 Are you Male or Female?

Answered: 89 Skipped: 71

Participants Survey

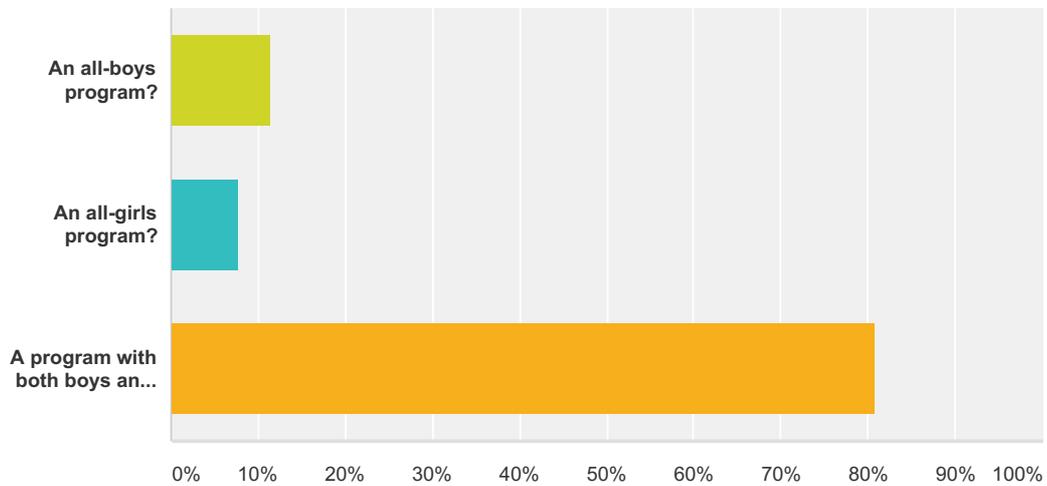


Answer Choices	Responses
Male?	51.69% 46
Female?	48.31% 43
Total	89

#	Note: this question added after 72 responses received.	Date
	There are no responses.	

Q4 Was your Operation Newstart program

Answered: 157 Skipped: 3

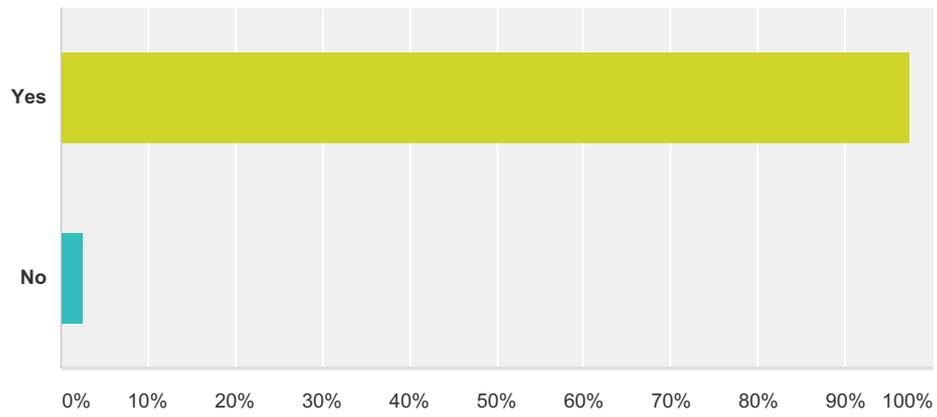


Answer Choices	Responses
An all-boys program?	11.46% 18
An all-girls program?	7.64% 12
A program with both boys and girls?	80.89% 127
Total	157

Q5 Did you graduate from the Operation Newstart program?

Answered: 157 Skipped: 3

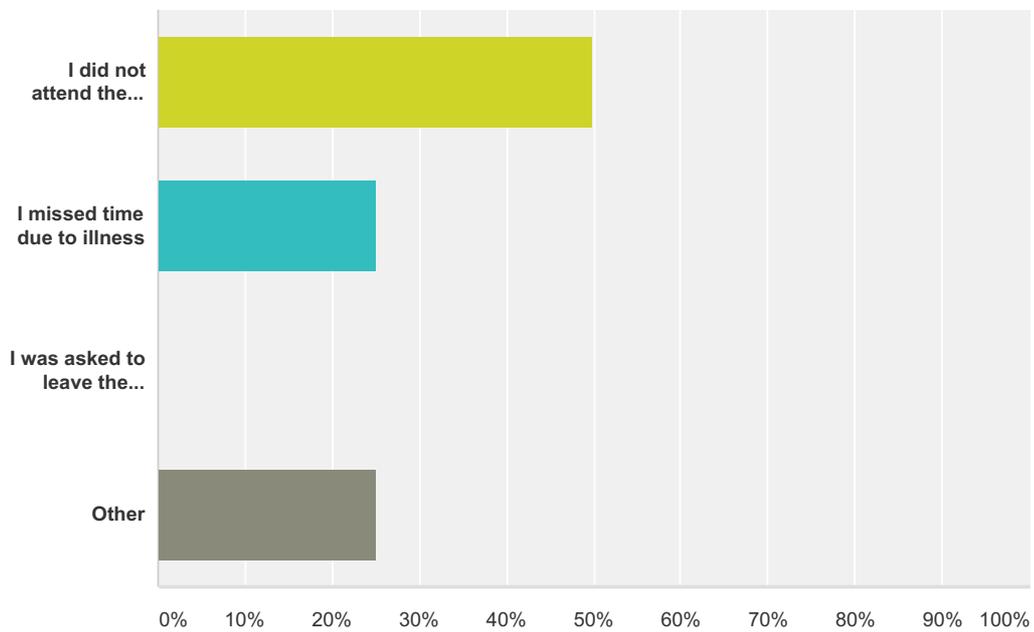
Participants Survey



Answer Choices	Responses
Yes	97.45% 153
No	2.55% 4
Total	157

Q6 If you did not graduate, what were the circumstances that prevented you from completing the program? (You can check more than one box).

Answered: 4 Skipped: 156



Answer Choices	Responses
I did not attend the program for a full term	50.00% 2
I missed time due to illness	25.00% 1
I was asked to leave the program	0.00% 0
Other	25.00% 1

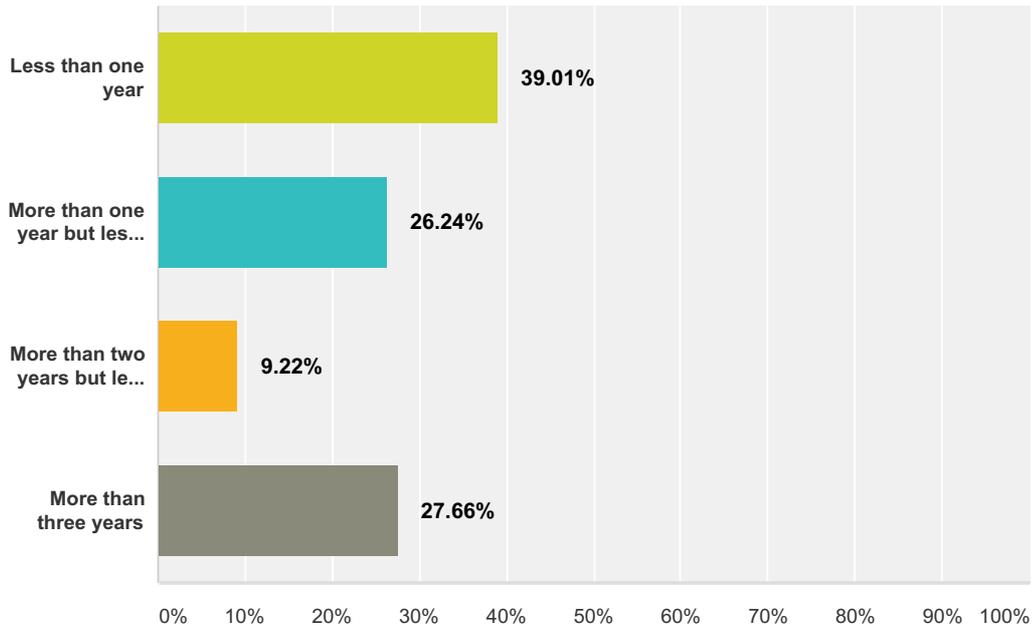
Participants Survey

Total Respondents: 4	
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#	If you feel comfortable please tell us why you did not complete Operation Newstart.	Date
	There are no responses.	

Q7 How long after finishing the program did you remain at the school that referred you to Operation Newstart (your home school)?

Answered: 141 Skipped: 19

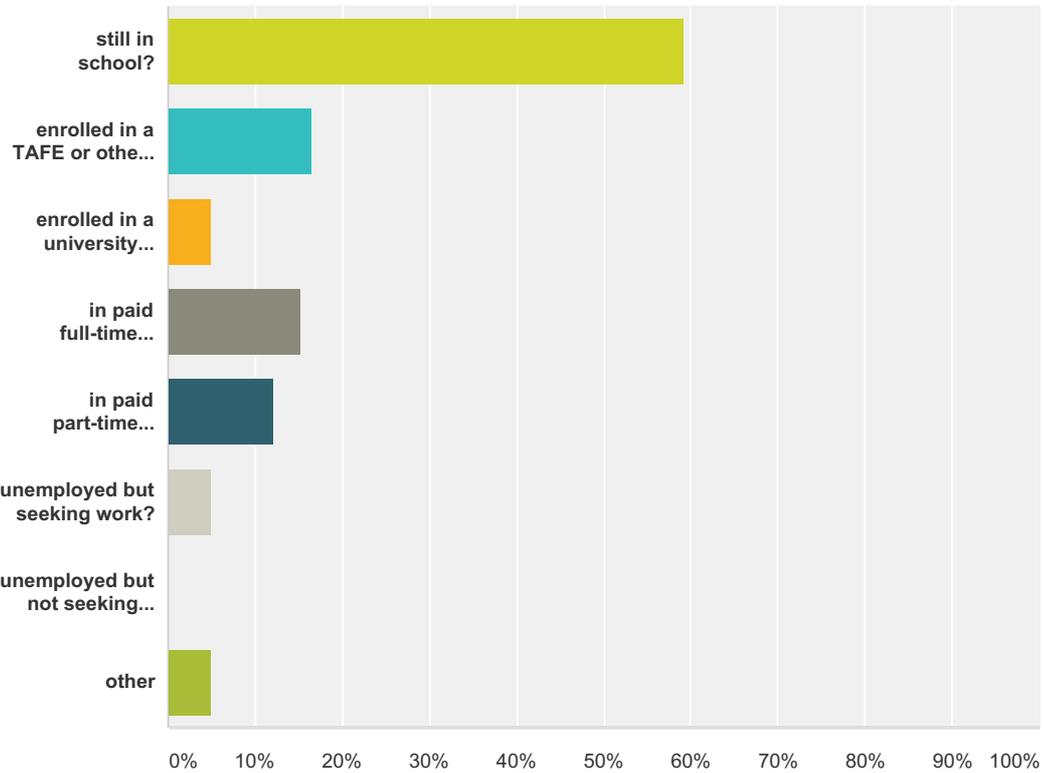


Answer Choices	Responses	
Less than one year	39.01%	55
More than one year but less than two years	26.24%	37
More than two years but less than three years	9.22%	13
More than three years	27.66%	39
Total Respondents: 141		

Q8 Are you currently

Answered: 157 Skipped: 3

Participants Survey



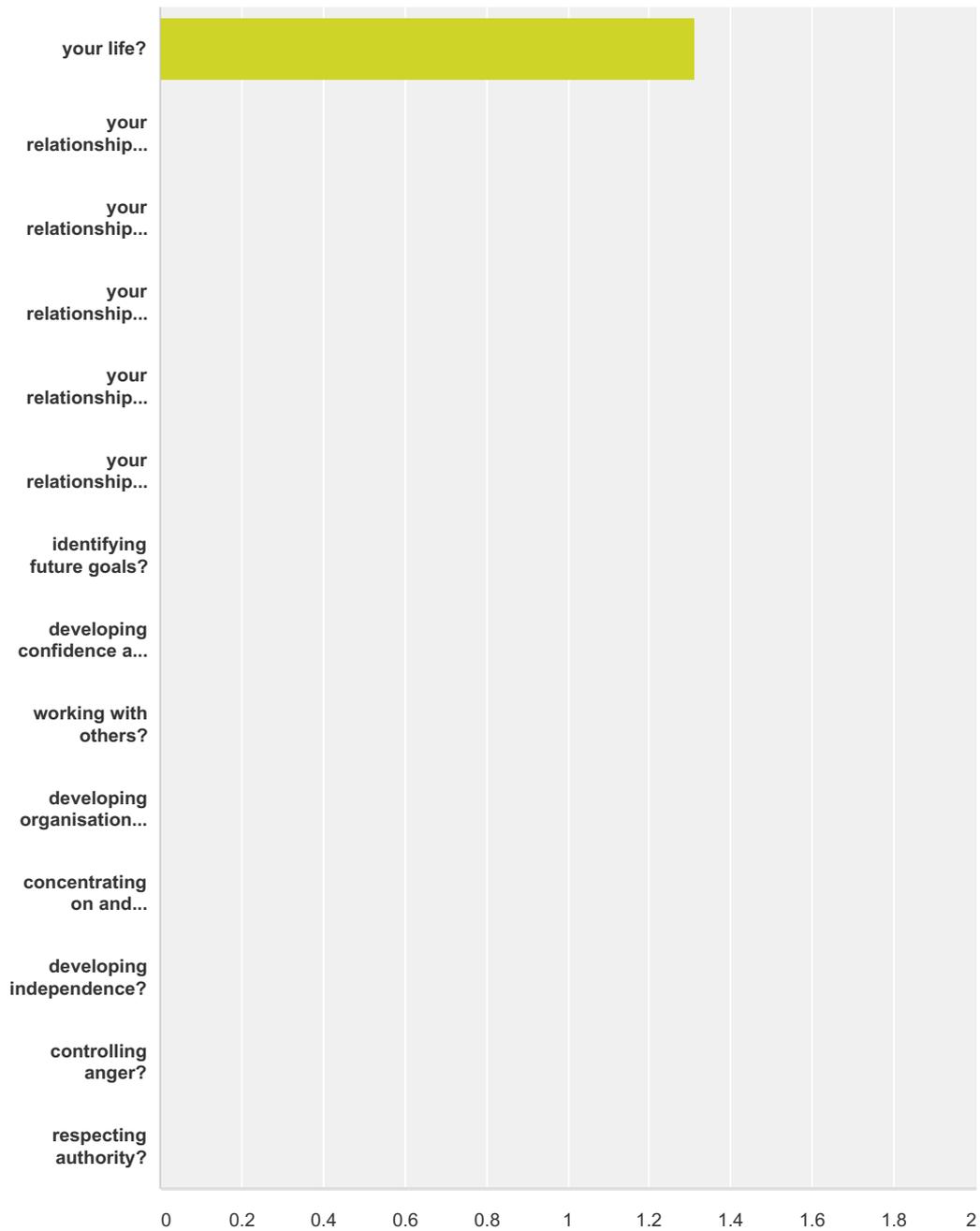
Answer Choices	Responses
still in school?	59.24% 93
enrolled in a TAFE or other vocational training course?	16.56% 26
enrolled in a university course?	5.10% 8
in paid full-time employment?	15.29% 24
in paid part-time employment?	12.10% 19
unemployed but seeking work?	5.10% 8
unemployed but not seeking work?	0.00% 0
other	5.10% 8
Total Respondents: 157	

#	If you ticked OTHER please tell us what you are now doing.	Date
1	2nd year Electrical Apprenticeship.	6/3/2013 12:24 AM
2	Still in school but trying to get a TAFE apprenticeship	12/15/2012 2:55 PM
3	just finished year 12 thanks to jimmy and chris help	11/1/2012 2:56 PM
4	Mummy	11/1/2012 1:16 PM
5	GTEC, doing year 11 and cert 3 in carpentry.	10/31/2012 12:52 AM
6	Finished VCE, now working	10/30/2012 8:59 AM
7	Seeking employment and I'm a mummy	10/29/2012 11:11 PM
8	Searching for a job just to partake in for the rest of the year until I begin a tafe course.	10/29/2012 10:14 PM

Q9 What effect did your participation in Operation Newstart have on your life?

Participants Survey

Answered: 157 Skipped: 3



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
your life?	73.25% 115	24.20% 38	1.27% 2	0.64% 1	0.64% 1	157	1.31
your relationship with friends?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
your relationship with your family?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
your relationship with your teachers?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
your relationship with police officers?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00

Participants Survey

your relationship with local support agencies?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
identifying future goals?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
developing confidence and self esteem?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
working with others?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
developing organisational skills?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
concentrating on and completing tasks?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
developing independence?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
controlling anger?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00
respecting authority?	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0.00% 0	0	0.00

#	Comments for "your life?"	Date
1	More positive more open minded in trusting and giving things a go	1/4/2015 5:20 AM
2	everything	12/10/2014 8:30 PM
3	Operation Newstart helped me to see the bigger picture of who I was becoming and where my life was heading if I continued to make the same choices. I realised that when I looked at the 'bigger picture' that I wasn't meeting my full potential.	10/30/2014 12:24 PM
4	I'm more determined to complete school and get my life on the right track	10/20/2014 12:02 AM
5	Different perspective on things	10/12/2014 8:58 PM
6	Im more focused on school and actually make an effort.	10/12/2014 8:06 PM
7	I have become more confident, which has helped me a lot.	10/7/2014 3:27 PM
8	better attitude, more confidence	10/6/2014 4:28 PM
9	I can now control my anger.	10/6/2014 3:58 PM
10	More social with others, got along better with everyone	9/15/2014 5:27 PM
11	More engaged with the people around me. New start made me realise I was capable of studying and fulfilling my dreams.	8/8/2014 2:01 PM
12	It opened my eyes to a brighter world. A world of HOPE, confidence, independence and most important respect with the Police.	7/9/2014 11:28 PM
13	I gained self confidence and gained a very different outlook on my life, I went from Smoking drinking and partying to studying and helping out other young people, this program means a great deal to me and I wouldn't be where I am today without it!	5/18/2014 1:45 PM
14	ons gave me a new look at the world around me. made me fall in love with nature and made me feel like a normal person when I did not fit in into my own world	5/12/2014 9:44 AM
15	I went from doubting myself to being able to have confidence in what I did and I knew because of the challenges I faced at Casey newstart it's made me who I am today	2/6/2014 10:33 PM
16	I now have respect for authorities. I am more willing to listen and learn.	1/28/2014 8:17 PM
17	I'm a calm and more friendly person the team members at Operation Newstart Casey did that.	1/28/2014 7:26 PM
18	My whole life changed gave me a new reason to keep going I did make some mistakes since the program but the program made me realise that I needed to change my life and where it was heading.	1/28/2014 4:12 PM
19	Anger Proved to myself that i could do things i never thought i could do.	12/7/2013 8:06 AM

Participants Survey

20	I'm changed as a person, more happier with life, confident, persistent. Never giving up on te things I used to:)	12/4/2013 2:54 PM
21	I got a lot of self confidence	11/14/2013 10:44 PM
22	It was a great experience, I loved it, Even tho there was ups and downs, it was one if the best experiences	10/27/2013 9:36 PM
23	i was able to see the bigger picture and and was able to engage more at school after graduating .i stopped feeling bitter and became more positive of the future. without operation newstart and would still be getting into trouble probably	10/27/2013 9:22 PM
24	made me a better person	10/18/2013 1:29 PM
25	became a confident person, developed leadership skills	10/2/2013 8:49 PM
26	Everything	10/2/2013 11:21 AM
27	Focus on more important things.	9/17/2013 2:20 PM
28	during this time I myself have changed becoming a school sports caption and excelling in school	9/16/2013 9:10 AM
29	im happier	9/15/2013 5:32 PM
30	ive started to put the past behind me and stop listening to very word a hater has to offer. Because i know myself and i dont need haters to define who i am. im listening at school, Operation Newstart has showed me that by listening to what someone has to say you get more of the information so you understand more thats going on.	9/14/2013 5:25 PM
31	my self confidence and self esteem.	9/7/2013 11:00 AM
32	my negative attitude towards at school changed into a positive one.	9/4/2013 7:11 PM
33	It completely changed my outlook on life and made me think alot more positive about situations and have alot more confidence in myself, which later helped alot in life.	9/4/2013 4:23 PM
34	Just the way I looked at life and problems that I've faced, operation newstart taught me that I can do anything if I put my mind to it!	9/4/2013 4:19 PM
35	mostly the way i acted at school and my behaviour	7/20/2013 8:45 PM
36	My attitude	7/20/2013 5:18 PM
37	My attitude towards stuff	7/20/2013 12:14 AM
38	Helped me Refocus in school a Bit and Gave me a real boost knowing I could Complete Something in life	7/19/2013 5:32 PM
39	When things get hard not to give up	7/17/2013 1:25 PM
40	my attitude to thinking things were to hard and giving up. i had more fight, more belief and now im almost finished year 12 :)	7/11/2013 3:21 PM
41	I'm nicer and am not all about me me me	6/23/2013 7:13 PM
42	I flourished mentally and creatively,my future looks significantly brighter!!!! Was gonna drop out year 8-9 but now I'm enrolled at RMIT industrial design yeey!	6/6/2013 7:14 PM
43	Participating in the Operation Newstart really influenced me to do a complete turn around in the direction I was heading. It was the first time I had ever actually accomplished something that I was proud of. This made me start believing in myself that I could suceed in the goals that I set. The leaders also took the time to get to know me and helped me to overcome personal issues that I had going on in my life and once the underlying issues were dealt with I was able to be a better and happier version of myself.	6/6/2013 12:39 AM
44	im more positive and awesome	6/5/2013 12:59 AM
45	It showed me that working hard WILL get you somewhere.	6/4/2013 8:48 PM
46	It made my home life a lot better and opened me up to the realism of life.	6/3/2013 12:24 AM
47	learning and doing new things.	6/2/2013 2:11 PM
48	i know that i can do anything	5/31/2013 9:03 PM
49	My attitude, self responsibilities!	5/31/2013 8:45 PM
50	i learned to work in a team, how to control my angry better :)	5/31/2013 8:30 PM
51	I changed the way I looked at school	5/31/2013 4:52 PM
52	After operation new start i finished year 9, went to TAFE completed a substitute for year 10. Then decided to go back and do year 11 and 12.	5/31/2013 3:23 PM

Participants Survey

53	I went to school pretty much everyday where is before I didn't go at all	5/31/2013 1:41 PM
54	I feel confident, more reserved, more disciplined and more engaged in school. Newstart has helped me focus on future job and career prospects and personal battles. Andy and knucks you have saved my life and i can't thank you enough.	4/17/2013 10:46 PM
55	stopped waging, went onto pass year 12	12/21/2012 9:42 AM
56	My behaviour towards school	12/17/2012 7:59 PM
57	after this program i really learnt a lot about myself and really made me into a better person.	12/15/2012 8:12 PM
58	Better outlook on most things and thinking about the alternative options	12/15/2012 2:55 PM
59	I've now got a job as an warehouse apprentice in reece civil In doveton If I left school I wouldn't of got the school based apprenticeship	12/12/2012 1:20 PM
60	Everything. The way I reacted to situations at home and at school. I learnt how to manage my time better and how to manage difficult situations better newstart is the best thing to ever have happened to me.	12/10/2012 5:47 PM
61	Respect other people and treat them as you want to be treated	12/9/2012 2:07 PM
62	i have become more confident about speaking to strangers.	12/9/2012 12:02 PM
63	my attitude towards school and my personal life. i had changed alot as a better person because of this program.	12/5/2012 1:22 PM
64	more fit,i am doing more chores around the house and i am doing better at school	12/4/2012 4:38 PM
65	it effect my life by angry	12/4/2012 9:46 AM
66	all my negatives were changed and i feel like a better and happier person	12/4/2012 9:40 AM
67	I became more involved in my school work.	12/4/2012 9:28 AM
68	learnt to be more patient,respect my mum and peers more and apologise for misbehaving	12/2/2012 9:35 PM
69	I became a positive, happy person again. Emotionally I had grown so much and I became more confident and I learnt to overcome so much. It's still hard to explain to the people in my life how it helped and what the program was about but the most important thing is that Operation Newstart saved me and I don't know what I'd be of myself today if it wasn't for them.	11/19/2012 9:28 PM
70	i got my life back on track and now am at a school i enjoy and got a few jobs lined up	11/17/2012 2:00 AM
71	it made me grow up realise what I can achieve in life	11/7/2012 10:34 PM
72	It changed me as a person, which helped my family to get along better	11/3/2012 4:41 PM
73	i was no longer snapping and hurting people while i was attending the program.	11/2/2012 8:27 AM
74	I became more aware of others problems and to focus on helping others instead of sitting in my not needed sorrow	11/1/2012 3:22 PM
75	it changed the way i looked at life and not to take things for granted and that if things are down to always look at the better side of life and to look at a glass half full not half empty	11/1/2012 2:56 PM
76	My whole attitude towards life	11/1/2012 1:16 PM
77	made me a more positive person, gave me heaps of self esteem and confidence :)	11/1/2012 11:02 AM
78	sharing my story with others and having them open their eyes a little more and appreciate things better was good. i also got alot more confidence and higher self esteem from doing newstart	11/1/2012 10:36 AM
79	My attitude towards life has changed significantly	11/1/2012 10:08 AM
80	I became a happier person and learned to control my anger efficiently	10/31/2012 11:54 PM
81	I started believing in myself again	10/31/2012 11:28 PM
82	I became way more mature	10/31/2012 9:50 PM
83	My attitude towards life is a lot more positive and i've realised that there's a lot more that i can achieve.	10/31/2012 9:17 PM
84	It helped control my anger alot better	10/31/2012 8:05 PM
85	Im positive towards school now	10/31/2012 6:47 PM

Participants Survey

86	I started get my act together i got year 12 past and went on and got full time job which i have been doing for 2 years now	10/31/2012 6:44 PM
87	I began to go to school and got into William Angliss and have just completed year 11 and accepted into year 12 next year to get into my patisserie course to achieve my goal	10/31/2012 3:44 PM
88	The people i once hung around with. The things i did in my free them, my out look on life at what i want out of it how what i do not only effects me but everyone around me	10/31/2012 2:56 PM
89	to never give up no matter how big the challenge set for you is.	10/31/2012 2:39 PM
90	Helped me learn to concentrate more	10/31/2012 12:34 PM
91	I'm less angry.	10/31/2012 10:26 AM
92	School life, outside of school more opportunitys	10/31/2012 10:12 AM
93	A change in my behavior and a change in my home life, my anger problems got better and i talked to mum a lot more.	10/31/2012 12:52 AM
94	Heaps changed with my family and how I saw things	10/30/2012 11:38 PM
95	learnt a couple new skills.	10/30/2012 11:08 PM
96	My behaviour and attitude towards others.	10/30/2012 11:03 PM
97	This program changed the way I deal with situations and made me a better person it also gave me a lot of self confidence so thanks to this program I am now a better person so thank you	10/30/2012 10:42 PM
98	Everything	10/30/2012 10:36 PM
99	after the program i started to actually see myself as worthy of having a comfortable and positive future, i started trying more and out of that i had earned many awards for high achievements among other things, it inspired confidence and ambition eventually arriving at my goal to become an industrial/interior designer and visual merchandiser.	10/30/2012 7:44 PM
100	My attitude and behavior towards everyone around me was so much better.	10/30/2012 4:44 PM
101	everything	10/30/2012 3:50 PM
102	How I looked the things I was doing.	10/30/2012 3:19 PM
103	iv changed my plan in life	10/30/2012 1:41 PM
104	Everything in my life changed. The way I saw things and my self esteem i went from wanting to quit school to staying and going all the way threw	10/30/2012 11:49 AM
105	I am so much more energetic	10/30/2012 11:30 AM
106	i gave me a new way to look at myself, boosted my self esteem. in some ways provided me with strategies to handle family and school confrontatons better.	10/30/2012 7:34 AM
107	Uhm i'm not sure can't really tell :\	10/29/2012 11:20 PM
108	The experience made me appreciate the opportunities i have been given in life.	10/29/2012 11:18 PM
109	Helped me to controll my anger	10/29/2012 11:11 PM
110	My motivation for life has changed a lot, i enjoy doing work and attending tafe.	10/29/2012 11:02 PM
111	a more positive behavior toward family and friends, and new people i meet, im willing to try new things, newstart really helped me get my life back on track by showing me that not everything has to be boring and low, there is always a fun side to everything. newstart also helped me build my elf confidence up, i do what makes me happy, not what i think would make everybody else around me happy. (within reason)	10/29/2012 10:54 PM
112	It changed my whole outlook on life, on my education and what I needed to do to pull my head in for my future.	10/29/2012 10:42 PM
113	i got my act together at school more, academically as well as behavior wise	10/29/2012 10:33 PM
114	i was going through a tough time and it gave me confidence and strength to become a better me	10/29/2012 10:26 PM
115	It became a lot easier to deal with the problems I face on a day to day basis	10/29/2012 10:24 PM
116	I became a lot happier with my home life causing me not to fight with my family as much and also getting away from school for a little while made you realise that if you don't smarten up at school and get the education you need you won't have the life you want	10/29/2012 10:22 PM

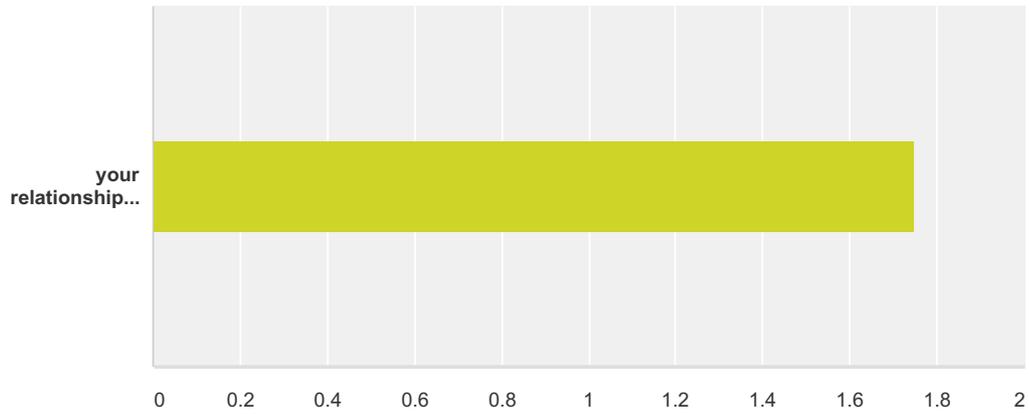
Participants Survey

117	my attitude and school work	10/29/2012 10:22 PM
118	I decided to continue with my education and not drop out, it also made me a happier, better person	10/29/2012 10:17 PM
119	Maturity	10/29/2012 10:15 PM
120	I saw the world through a different less doubted perspective.	10/29/2012 10:14 PM
121	Everything	10/29/2012 10:07 PM
122	A better outlook on life, I found better ways to manage my anger and I learned how to solve problems proactively	10/29/2012 2:09 PM
#	Comments for "your relationship with friends?"	Date
	There are no responses.	
#	Comments for "your relationship with your family?"	Date
	There are no responses.	
#	Comments for "your relationship with your teachers?"	Date
	There are no responses.	
#	Comments for "your relationship with police officers?"	Date
	There are no responses.	
#	Comments for "your relationship with local support agencies?"	Date
	There are no responses.	
#	Comments for "identifying future goals?"	Date
	There are no responses.	
#	Comments for "developing confidence and self esteem?"	Date
	There are no responses.	
#	Comments for "working with others?"	Date
	There are no responses.	
#	Comments for "developing organisational skills?"	Date
	There are no responses.	
#	Comments for "concentrating on and completing tasks?"	Date
	There are no responses.	
#	Comments for "developing independence?"	Date
	There are no responses.	
#	Comments for "controlling anger?"	Date
	There are no responses.	
#	Comments for "respecting authority?"	Date
	There are no responses.	

Q10 What effect did your participation in Operation Newstart have on your relationship with friends?:

Answered: 153 Skipped: 7

Participants Survey



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
your relationship with friends?	52.29% 80	23.53% 36	21.57% 33	1.96% 3	0.65% 1	153	1.75

#	Comments for "your relationship with friends?"	Date
1	Trust	1/4/2015 5:20 AM
2	nothing	12/10/2014 8:30 PM
3	I'm more open and willing to let others into my troubles, more cooperative	10/20/2014 12:02 AM
4	Nothing really changed like i still have a great relationship with my friends	10/12/2014 8:06 PM
5	i talk more	10/6/2014 4:28 PM
6	Left all the people who had a negative influence on me and gained more people who have a positive influence on me.	10/6/2014 3:58 PM
7	Didn't fight as much	9/15/2014 5:27 PM
8	I got rid of my friends that had a bad influence on me and made new positive friends.	8/8/2014 2:01 PM
9	I lost connection with some friends as they were heavy drug users and made a positive change of new friends	7/9/2014 11:28 PM
10	I learned how to communicate with people better	5/18/2014 1:45 PM
11	me and my friends now go camping fishing, anything to do with the outdoors, instead of just making trouble	5/12/2014 9:44 AM
12	I dealt with my inner demons and stopped taking it out on my friends when they were just trying to help. I now know that they're just trying to help with some advice and their not having a go at me.	2/6/2014 10:33 PM
13	The friends I made on operation newstart are like family to me. Whenever I am down I know they're there to help support me.	1/28/2014 8:17 PM
14	I'm more easy to get along with.	1/28/2014 7:26 PM
15	I did loose a lot of "friends" because of the program but it was for the best because it showed me that keeping those people around would have kept me on the wrong path matt and Declan showed me that I needed to change the people I was around and hopefully they would follow.	1/28/2014 4:12 PM
16	Friendship levels dropped	12/7/2013 8:06 AM
17	They've all seen me more happier & comfortable to talk to them..	12/4/2013 2:54 PM
18	i was a lot more easy to get a long with.	10/27/2013 9:22 PM
19	more understanding with friends	10/18/2013 1:29 PM
20	Became more open	10/2/2013 8:49 PM
21	I can actually talk and make friends now	10/2/2013 11:21 AM
22	I've recently changed my friends having left them in my past due to them not wanting to change there life's like myself	9/16/2013 9:10 AM
23	ive opened up a bit more.	9/14/2013 5:25 PM

Participants Survey

24	nothing really changed at all.	9/4/2013 7:11 PM
25	Make me realize that I shouldn't take people/things/friendships for granted I also met my bestfriend in newstart, two years later and were closer than ever.	9/4/2013 4:23 PM
26	I was just much happier and also learnt how to handle issues, so it is better for them as much as it is for me	9/4/2013 4:19 PM
27	more people liked me as a friend because i changed	7/20/2013 8:45 PM
28	Im alot nicer	7/20/2013 5:18 PM
29	That no matter how much we are all alike we can still get along.	7/17/2013 1:25 PM
30	i got rid of the ones that were taking me down and replaced them with ones who keep pushing me up.	7/11/2013 3:21 PM
31	I dropped my 'friends' who are bad influences and made better friends	6/23/2013 7:13 PM
32	gave me the strength to distance myself from the negitive people i was surrounding myself with.	6/18/2013 9:47 AM
33	I was able to easier identify negative influences.	6/6/2013 7:14 PM
34	I started to distance myself from friends that I got up to no good with. I really connected with the girls in my group and developed a close relationship with them as we were all trying to do the right thing.	6/6/2013 12:39 AM
35	ive learned to be nice to people	6/5/2013 12:59 AM
36	It made me trust all my family and friends more, to help them through things, to listen to them.	6/4/2013 8:48 PM
37	i am able to talk to people and make friends	5/31/2013 9:03 PM
38	I know how to help others, How to talk to them, From Newstart I have good bonding skills also from participating in Reach!	5/31/2013 8:45 PM
39	no effect. i made new friends cause i thought my old ones were shit :)	5/31/2013 8:30 PM
40	I got closer with every one I know	5/31/2013 4:52 PM
41	I'm more social and comfortable with friends and way more confident.	4/17/2013 10:46 PM
42	become more social	12/21/2012 9:42 AM
43	They said I've changed because I don't do really stupid things anymore	12/17/2012 7:59 PM
44	i was no longer always avery and rude which allowed me to make new friendships as well as mend old ones	12/15/2012 8:12 PM
45	I'm much less aggressive and all so now listen to others	12/12/2012 1:20 PM
46	New friends for life. Got rid of a lot of old friends who were holding me back	12/10/2012 5:47 PM
47	team work and inderpendance.	12/5/2012 1:22 PM
48	I made new friends at operation newstart	12/4/2012 9:28 AM
49	pick better friends and be picky	12/2/2012 9:35 PM
50	It was hard being away from friends but when I came back to school it was hard because I was having trouble re-adjusting from the new life I had at Newstart, however it didn't take me long to realise who my true friends were.	11/19/2012 9:28 PM
51	i made a new bestfriend in the program and she will always be my best friend	11/17/2012 2:00 AM
52	I guess not being around the same group all the time made me realise what people look in a friendship.	11/7/2012 10:34 PM
53	The friends I made during newstart will always be some of the best friends ever.	11/3/2012 4:41 PM
54	as mentioned above, i was no longer getting angry and hurting people, that refers to friends also.	11/2/2012 8:27 AM
55	I can make friends much more easy now and I no longer feel peer pressure	11/1/2012 3:22 PM
56	being able to talk and interract with other people from different schools confidently	11/1/2012 2:56 PM
57	Lernt to let people in and for them a chance	11/1/2012 1:16 PM
58	My friends could see a change in my attitude, and i came out of my shell alot more.	11/1/2012 11:02 AM
59	more communcation	11/1/2012 10:36 AM
60	Teamwork is important	11/1/2012 10:08 AM

Participants Survey

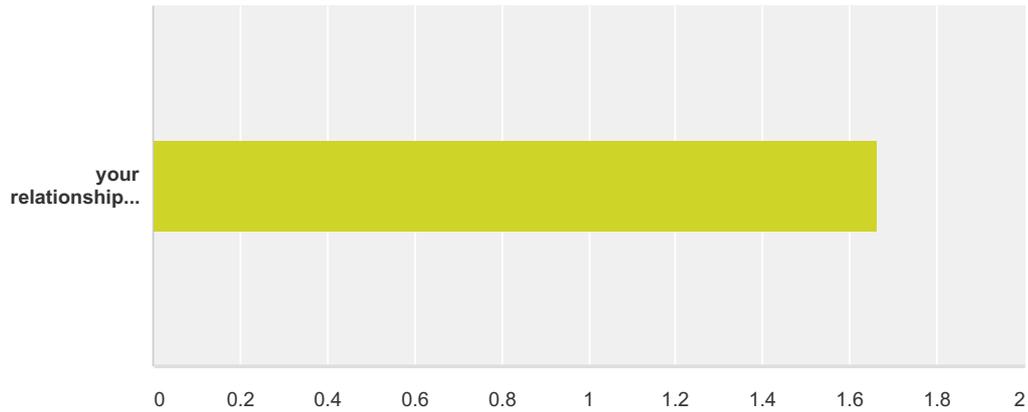
61	I started to actually talk to my friends more and speak more openly instead of having a wall up	10/31/2012 11:54 PM
62	I was taught how to trust and be trusted	10/31/2012 11:28 PM
63	Because i became so mature i lost alot of friends but it didnt really mater because i was only worried about my future	10/31/2012 9:50 PM
64	I pretty much lost all of my friends because i was so different to them.	10/31/2012 9:17 PM
65	Alot better im not nervise to meet new people	10/31/2012 6:47 PM
66	They were happy that I was getting my life back on track and not staying at home and throwing my life away by doing nothing	10/31/2012 3:44 PM
67	i made new friends.	10/31/2012 2:59 PM
68	after compleating operation newstart i lost most of my friends, my veivs on life and what i should be doing with my self changed and due to the my intrests and proritys changed too.	10/31/2012 2:56 PM
69	my relationship with my friend's from the newstart is really good were all still close.	10/31/2012 2:39 PM
70	Changed my whole attitude, team player	10/31/2012 10:12 AM
71	It made me decide there was some people in my life that shouldn't be in my life and helped me slowly get rid of them.	10/31/2012 12:52 AM
72	I guess I made new friends and I was better to be around	10/30/2012 11:38 PM
73	nothing	10/30/2012 11:08 PM
74	More respectfull, 'chill' more corectly	10/30/2012 11:03 PM
75	The program helped me get along with people and it also helped me help the other people in my life I have now let my friends in and I now do not feel so alone	10/30/2012 10:42 PM
76	i was able to gain a new group of friends at my senior college, full of incredibly unique and fun/excepting people.	10/30/2012 7:44 PM
77	I didn't bully anyone anymore or got into fights at school with anyone.	10/30/2012 4:44 PM
78	my relationship with my friends are better	10/30/2012 3:50 PM
79	Less fighting and bickering.	10/30/2012 3:19 PM
80	stil have the same effects as before	10/30/2012 1:41 PM
81	I saw friends differently, they were users and used me for money my relationship ended because he was the same as my so called friends	10/30/2012 11:49 AM
82	I'm a lot more positive & open to trying to new things	10/30/2012 11:30 AM
83	less fights, a bit of distance though from the time away	10/30/2012 7:34 AM
84	Nothing really changed.	10/29/2012 11:18 PM
85	my relationship with friends, stayed the same, except i have a better perspective on who i associate with frequently and who i keep as acquaintances,	10/29/2012 10:54 PM
86	It showed me you can rely on friends people for whatever is needed, you'll always have someone there willing to help and listen.	10/29/2012 10:42 PM
87	became nicer towards them and expanded my friendship group with better influences	10/29/2012 10:33 PM
88	nothing really changed with my friends I still have the same friends and were all still close (:	10/29/2012 10:22 PM
89	gained so many more friends	10/29/2012 10:22 PM
90	I gained a lot of friends in the program and at school because of new start,	10/29/2012 10:17 PM
91	Nothing	10/29/2012 10:15 PM
92	I wasn't so moody towards them.	10/29/2012 10:14 PM
93	I have a higher respect for my good freinds and figured out witch ones were not a good influence and disanced myself from them	10/29/2012 2:09 PM

Q11 What effect did your participation in

Participants Survey

Operation Newstart have on your relationship with family?

Answered: 152 Skipped: 8



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
your relationship with family?	53.95% 82	26.32% 40	19.74% 30	0.00% 0	0.00% 0	152	1.66

#	Comments for "your relationship with family?"	Date
1	Trust communication	1/4/2015 5:20 AM
2	no fighting with my parents	12/10/2014 8:30 PM
3	I have a much better relationship with my family since having attended Operation Newstart. Operation Newstart helped me to develop healthy coping mechanisms and in turn manage my anger. Operation Newstart enabled me with the tools I required to be able to communicate my feelings and thoughts in a respectful manner which in turn has drastically altered my relationship with my family for the better.	10/30/2014 12:24 PM
4	I'm more communicative towards my family members	10/20/2014 12:02 AM
5	im more respectful towards my parents and help them out with the house work like cleaning and cooking	10/12/2014 8:06 PM
6	get along better with my dad and sister	10/6/2014 4:28 PM
7	I'm closer with mum, used to fight with her every morning. Very close with my father and sister	10/6/2014 3:58 PM
8	Got along better	9/15/2014 5:27 PM
9	I was communicating much more with my family	7/9/2014 11:28 PM
10	After finishing the program my relationship with my father and sister completely changed! I was became a lot closer with them	5/18/2014 1:45 PM
11	I didn't have a great relationship with my father and we always fought and I resented him a lot. When I had finished Casey newstart I sat down with him and worked out our issues so now we can actually talk without the arguments turning into a near violent experience	2/6/2014 10:33 PM
12	I can deal with my anger. I can deal with my family situation in better ways.	1/28/2014 8:17 PM
13	I don't fight with them anymore and I'm more sociable.	1/28/2014 7:26 PM
14	The program brought me and my grandma closer because I stopped being such a shit at home so we got along better and I had a lot more respect for her after it.	1/28/2014 4:12 PM
15	Attitude towards them	12/7/2013 8:06 AM
16	We've always been close but we've bonded even now	12/4/2013 2:54 PM
17	don't see much of them ,but when i do i do not argue with them as much over petty things	10/27/2013 9:22 PM
18	to see things from their perspective	10/18/2013 1:29 PM

Participants Survey

19	As above	10/2/2013 8:49 PM
20	I'm not bullying my brothers any more	10/2/2013 11:21 AM
21	having less fights with family also not having my sitting up all night wondering where I am	9/16/2013 9:10 AM
22	im not fighting with my family as much anymore, ive started to listen to them.	9/14/2013 5:25 PM
23	i was more happy at home because i did better at school witch made me feel better inside.	9/4/2013 7:11 PM
24	I now can actually have a friendship with my mother, as I said previously it showed me not to take loved ones for granted	9/4/2013 4:23 PM
25	I am much more appreciative of things, and I live up every day!	9/4/2013 4:19 PM
26	Im not lazy	7/20/2013 5:18 PM
27	My mum was very proud the i finshed newstart, made us closer because she was so happy.	7/17/2013 1:25 PM
28	because i got better at school and my moods were alot nicer, i connected more.	7/11/2013 3:21 PM
29	I help my mum out heaps and taught my little brother to read	6/23/2013 7:13 PM
30	i always loved my mum but i guess i didnt see the hurt i was putting her through.	6/18/2013 9:47 AM
31	I closed the gap i had made by distancing myself... But my family was already awesome, so I'm pretty fortunate.	6/6/2013 7:14 PM
32	The leaders at Operation Newstart helped me to deal with issues that my mother and I had in our relationship which has allowed us to develop the close relationship that we have today.	6/6/2013 12:39 AM
33	its still crap	6/5/2013 12:59 AM
34	It made me trust all my family and friends more, to help them through things, to listen to them.	6/4/2013 8:48 PM
35	Found it easier to expression emotions and feelings with family.	6/3/2013 12:24 AM
36	i still have prombles with my dad but i now talk to my mom	5/31/2013 9:03 PM
37	Better attitude, More talkative, Less drama	5/31/2013 8:45 PM
38	i have a better understanding of life at home.	5/31/2013 8:30 PM
39	Me and mum spoke more	5/31/2013 4:52 PM
40	I started going home and talking to my family	5/31/2013 1:41 PM
41	I have learnt to love my mother and father and have become more appreciative of the things they do for me, newstart has helped me relies this	4/17/2013 10:46 PM
42	always been bad	12/21/2012 9:42 AM
43	I'm feel like I'm nicer towards them now	12/17/2012 7:59 PM
44	i was going through rough time with the family at that stage but today we have a strong relationship	12/15/2012 8:12 PM
45	Better all round relationship (Less Arguments)	12/15/2012 2:55 PM
46	I was able to communicate well with my mum when as in before I couldn't at all.	12/12/2012 1:20 PM
47	Learnt how to deal with my family situation better. My mum is sick and I learnt I need to have time and space for myself aswell as caring for my family as it was affecting my life in a bad way but operation newstart taught me how to prioritize and enjoy being a kid too.	12/10/2012 5:47 PM
48	to be more patiant also that family is important when we got given or letters from our parents at one of the camps we went to showed me how much my parents care and want my future to be good.	12/5/2012 1:22 PM
49	more polite to my mother and more respectful	12/4/2012 4:38 PM
50	it helped me out alot i jusr need to remember it sometimes	12/4/2012 9:40 AM
51	I started to talk to mum more and tell her where i am in life, our relationship grew stronger.	12/4/2012 9:28 AM
52	learn to be more patient with my brother and sister and wait my turn and be a better role model	12/2/2012 9:35 PM
53	The relationship between my father and I will never change from being nothing, but the relationship between my mother and I had always been up and down and hot and cold. I can't remember how it was two and a half years ago between my mother and I but our relationship since then has changed for the better and we're so much better than we were.	11/19/2012 9:28 PM

Participants Survey

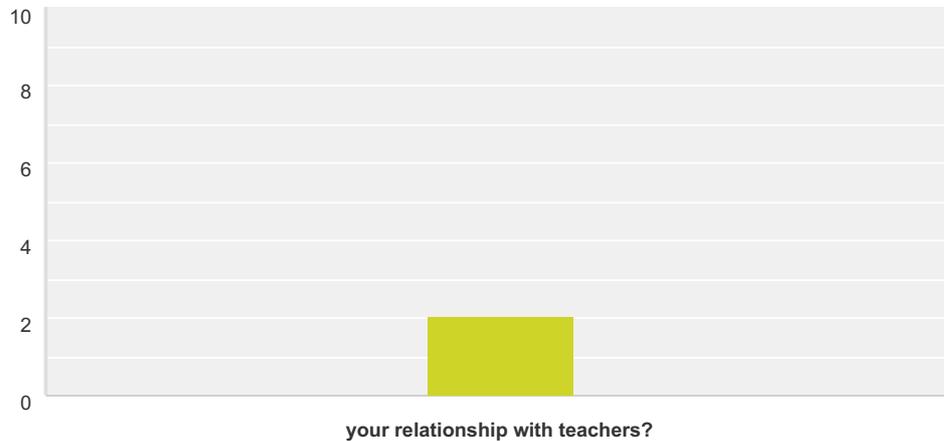
54	nothing really changed	11/17/2012 2:00 AM
55	things improved	11/7/2012 10:34 PM
56	my attitude and patience towards my mother and sisters improved to the highest extent, my respect for my family however was always there as we stuck together through thick and thin. newstart just helped me show it.	11/2/2012 8:27 AM
57	I now listen to my mother instead of arguing and yelling at her, we have become much more closer due to Operation Newstart	11/1/2012 3:22 PM
58	better respect for them and then that meant they gave me respect	11/1/2012 2:56 PM
59	Came close together and spent more time Together	11/1/2012 1:16 PM
60	because i was happier with myself i was alot happier at home, and that made me and mum become closer	11/1/2012 11:02 AM
61	i was homeless at the time of doing newstart	11/1/2012 10:36 AM
62	Stopped some of the arguing	11/1/2012 10:08 AM
63	I learned to get along with my mum, and to stop fighting and actually speak to her about things	10/31/2012 11:54 PM
64	I saw what I was doing wrong, changed my behavior, changed my attitude and became a much more tolerable family member	10/31/2012 11:28 PM
65	I can now actually talk to my parents when something is wrong	10/31/2012 9:50 PM
66	Even though after Newstart i moved away from my mother, i still remain a good relationship with her.	10/31/2012 9:17 PM
67	I get along with my family really well now	10/31/2012 6:47 PM
68	My mum was quite upset that I didn't go to school but after doing operation Newstart I went back to school and my family is happy that I'm doing something with my life.	10/31/2012 3:44 PM
69	newstart arranged a family counseling session and that helped alot with my relationship with my parents.	10/31/2012 2:59 PM
70	Durning my participation in operation newstart i moved out of my mothers, (its been over a year since i moved out) my reation ship with my mother got worse but now its better then ever, i dont talk to my water or one of my elder siblings, i get along well with the rest of my family	10/31/2012 2:56 PM
71	it has gotten better but not that much of a change.	10/31/2012 2:39 PM
72	We talk more.	10/31/2012 10:26 AM
73	It made me treat my whole family with more respect not get angry with them easy and helped me talk to my mum more.	10/31/2012 12:52 AM
74	I use to be so angry but now I'm a lot better and I respect my parents more	10/30/2012 11:38 PM
75	nothing changed.	10/30/2012 11:08 PM
76	Just a slight good change on the relationship with my old man.	10/30/2012 11:03 PM
77	This program has helped me communicate with my family in difficult situations	10/30/2012 10:42 PM
78	my family was always supportive and awesome, it was just me who closed off any re-assurance of being ok, i've always been able to open up to my mum ^ ^	10/30/2012 7:44 PM
79	Brought me much closer to my family. Newstart made me realise how important family is to me.	10/30/2012 4:44 PM
80	not much has changed	10/30/2012 3:50 PM
81	We don't fight anymore and can talk to each other.	10/30/2012 3:19 PM
82	iv gotten closer to my family	10/30/2012 1:41 PM
83	I changed my attitude to wards everything and became happy	10/30/2012 11:49 AM
84	we actually talk, I appreciate them & what they do for me so much more & I enjoy spending time with them	10/30/2012 11:30 AM
85	home life was so much easier to cope with during newstart and for a few months after as my family saw me be a much happier person	10/30/2012 7:34 AM
86	My family were proud i achieved something that made me so happy, they also realised i could follow through with things if i really wanted.	10/29/2012 11:18 PM
87	My family is happy with me now because i'm motivated and enjoy going to tafe.	10/29/2012 11:02 PM

Participants Survey

88	It helped me realise that my family are only trying to find what's best for me and help me pick the right paths for my future.	10/29/2012 10:42 PM
89	minimized the arguing with my mum	10/29/2012 10:33 PM
90	I became a lot happier getting away from school taking the stress away and just having fun with new people that I got to meet which made me also a lot happier at home so I wasn't fighting with everyone	10/29/2012 10:22 PM
91	better relationships with them very close now.	10/29/2012 10:22 PM
92	I stopped getting in trouble at home, have not been kicked out since the program and everythings been great at home.	10/29/2012 10:17 PM
93	Everything	10/29/2012 10:15 PM
94	I wasn't so stubborn and I was more willing to do what I was asked.	10/29/2012 10:14 PM
95	I have alot more respect for them and figured out they were only lookibg out for me	10/29/2012 2:09 PM

Q12 What effect did your participation in Operation Newstart have on your relationship with teachers?

Answered: 151 Skipped: 9



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
your relationship with teachers?	33.77% 51	33.77% 51	29.80% 45	2.65% 4	0.66% 1	151	2.05

#	Comments for "your relationship with teachers?"	Date
1	Shouldve paid more attention at school	1/4/2015 5:20 AM
2	I'm more open and talkative to them	12/10/2014 8:30 PM
3	I've always had a good relationship with them	10/20/2014 12:02 AM
4	Im more respectful and dont have as much fights with them as i used to	10/12/2014 8:06 PM
5	my teachers are rude and arrogant so its hard to change the relationship with them	10/6/2014 4:28 PM
6	I've learnt that teachers only discipline us because they are teaching us a lesson for the future. Teachers aren't always bad they can be really lovely. As I've moved schools to get a fresh start with teachers and other student.	10/6/2014 3:58 PM
7	Nothing	9/15/2014 5:27 PM
8	I learnt to respect teachers and not fight with them.	8/8/2014 2:01 PM
9	Good, I completed up until year 12 and always kept the positive words of encouragement from the Newstart Program	7/9/2014 11:28 PM

Participants Survey

10	I actually attended classes and and respected my teachers	5/18/2014 1:45 PM
11	i wanted to leave school and become some sort of explorer, normal class rooms and hyperactive kids do not mix well	5/12/2014 9:44 AM
12	They started to understand that I was trying in school and that I won't give up if they just believed in me. It also gave me a chance to gain maturity and deal with the teachers I had problems with in the past.	2/6/2014 10:33 PM
13	Before I went onto operation newstart I had no respect for authorities and teachers. After operation newstart. I had the respect and received respect in return. My teachers were more willing to take extra time out to help me as they could see I was really willing to learn.	1/28/2014 8:17 PM
14	I'm a much better student.	1/28/2014 7:26 PM
15	Not arguing with them as much	12/7/2013 8:06 AM
16	I'm not arguing at all, not even being a smart Ass to them	12/4/2013 2:54 PM
17	i realised they were not all bad and got on with some of them .	10/27/2013 9:22 PM
18	to be a bit more tolerant	10/18/2013 1:29 PM
19	As above, more confident as a student.	10/2/2013 8:49 PM
20	Concentrating more	10/2/2013 11:21 AM
21	during this experience my life with teachers changed being expelled and now getting along with all my teachers	9/16/2013 9:10 AM
22	im listening to them and their opinion about things.	9/14/2013 5:25 PM
23	some positively, and some negatively.	9/7/2013 11:00 AM
24	i started asking alot more questions then normal so they think i am doing better with my grades at school.	9/4/2013 7:11 PM
25	Made me aware that they were alot more teachers willing to help me and weren't just all out to get me	9/4/2013 4:23 PM
26	My attitude	9/4/2013 4:19 PM
27	I comlete my work and dont muck around	7/20/2013 5:18 PM
28	because of my change, teachers got to know me, and i have grown a good connection with them, some i even consider friends.	7/11/2013 3:21 PM
29	I listen to what they have to say and don't argue back	6/23/2013 7:13 PM
30	I was a little more understanding and was able to communicate with them easier.	6/6/2013 7:14 PM
31	Before having attended Operation Newstart I didn't respect my teachers and found it entertaining to give them a hard time and be a difficult student. When I returned from having graduated from the program, countless teachers commented on how dramatically I had changed. By the time I had graduated year 12, I had developed friendships with my teachers out of the school and still see a few of them today. I believe that Operation Newstart had a significant positive effect on my relationships with my teachers as I developed a good relationship with the the leaders on the program, this was due to them having a lot of patience, taking the time to get to know me, becoming my friend yet also maintaining the authority. This made me realise that teachers aren't actually all that bad and are actually humans too, I guess I just kind of stopped me from stereotyping all of them.	6/6/2013 12:39 AM
32	im better in class now	6/5/2013 12:59 AM
33	It showed me that they're there for a purpose to help you learn for your future.	6/4/2013 8:48 PM
34	Matured me a lot making me more able to take on new information and made relationships stronger because of that.	6/3/2013 12:24 AM
35	i do the work and have respect for them	5/31/2013 9:03 PM
36	Get along better, also have time for my work instead on beeing lazy and missing class	5/31/2013 8:45 PM
37	i hated them :)	5/31/2013 8:30 PM
38	I had a positive view on them	5/31/2013 4:52 PM
39	I listen to teachers and what their opinion is, and they respect me more for doing so.	5/31/2013 3:23 PM
40	I have i more positive, professional relationship with my teachers, an now have a better understanding of why they chose to help me	4/17/2013 10:46 PM

Participants Survey

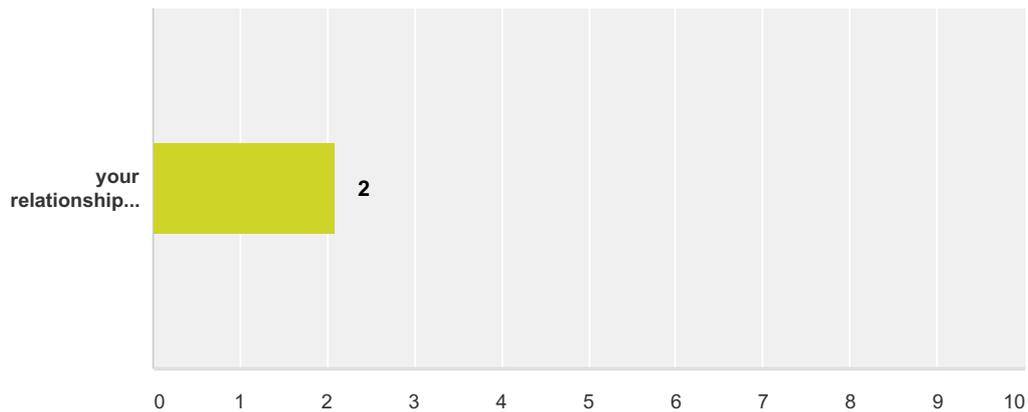
41	actually alot better :)	12/21/2012 9:42 AM
42	I treat them with more respect	12/17/2012 7:59 PM
43	when i was in school i had more respect and was more willing to learn.	12/15/2012 8:12 PM
44	I would try and listen the best I could	12/12/2012 1:20 PM
45	I was no longer causing trouble in class. I wanted to learn. My teachers started to respect my change in attitude towards school after operation newstart. They were willing to take time out of their spare time throughout the day to mentor me and make sure I understood.	12/10/2012 5:47 PM
46	it helped engage in conversations one on one with them.	12/9/2012 12:02 PM
47	i changed my attitude towards my teachers alot after i graduated from operation new start i started liking school and wanting to do good for my future and make everyone proud.	12/5/2012 1:22 PM
48	i am doing more work and listening and concentrating more in class	12/4/2012 4:38 PM
49	nothing at all	12/4/2012 9:40 AM
50	realised dthere is more help for me and they do believe in me trying to better myself	12/2/2012 9:35 PM
51	I learnt alot when I was on the program, one thing I did learn was respect and I have to owe it to one of my teachers who appointed me to go and see the school counsellor for wagging class one day and since meeting that counsellor, it has been a true gift because she was the one who set me up on this program and gave me direction and guidance and I can't thank them enough. I have had a couple of run-ins with some teachers since but that's because I have a big mouth and have a big ego but overall I respect my teachers.	11/19/2012 9:28 PM
52	i didnt stay at school long enough	11/17/2012 2:00 AM
53	I was still cheeky after Newstart only because my reputation was made I moved school and it helped me a lot got along with some teachers	11/7/2012 10:34 PM
54	its not that newstart didnt help me improve on this particular aspect, its just that i left school and got myself an apprenticeship.	11/2/2012 8:27 AM
55	I get along with my teachers and now have much more positive relationships with all of them	11/1/2012 3:22 PM
56	better because i understaned that they where there for me and not agenst me	11/1/2012 2:56 PM
57	That there not all out there to get us	11/1/2012 1:16 PM
58	i still never liked my teachers, i could understand them better but yeah still didnt like them lol	11/1/2012 11:02 AM
59	still hated school	11/1/2012 10:36 AM
60	Well I now understand that teachers are only there to help me and teach me the things I need to learn for when I eventually leave school and get a job	10/31/2012 11:54 PM
61	I began focusing and behaving in class after I realised all teachers are just trying to help. whether it be Chris and Jimmy taking us on crazy fun adventures, or my everyday maths teacher	10/31/2012 11:28 PM
62	I still liked to muck around but i defently did alot more school work and got better grades	10/31/2012 9:50 PM
63	Still the same.	10/31/2012 9:17 PM
64	Better i get along with them now aswell	10/31/2012 6:47 PM
65	They were happy that I was back at school but they didn't have much hope in me because they thought I would go back to my old ways and not go but I managed to prove them wrong.	10/31/2012 3:44 PM
66	it made me want to go to school	10/31/2012 2:59 PM
67	i dont think it really changed, other then them giving me a chance rather then shutting me down the second i go to talk, not much has changed	10/31/2012 2:56 PM
68	hasn't changed.	10/31/2012 2:39 PM
69	I treated most teachers with a lot more respect.	10/31/2012 12:52 AM
70	I feel a lot more sorry for them and what they deal with	10/30/2012 11:38 PM
71	Not really any effect, still the same.	10/30/2012 11:03 PM
72	I get along with my teachers more and I communicate more rather then yell and scream and pick fights	10/30/2012 10:42 PM
73	i developed skills to be able to articulate myself properly and was able to develop a friendly bond with the teachers, which for me made going to school a little less painful and my ability to succeed greater.	10/30/2012 7:44 PM

Participants Survey

74	It made me realise how much teachers do for us students and made me not be so mean to them when their just trying to help.	10/30/2012 4:44 PM
75	my relationship with teachers is better	10/30/2012 3:50 PM
76	I didn't yell at them or lose my temper.	10/30/2012 3:19 PM
77	i have more respect for them	10/30/2012 1:41 PM
78	I respected my teachers more and listened in school	10/30/2012 11:49 AM
79	I miss Andy & wawrick too much, none of my teachers are like them.	10/30/2012 11:30 AM
80	I moved to tafe and with that the learning environment was more mature and suited my needs more.	10/29/2012 11:18 PM
81	It showed me all teachers aren't the same, there are teachers out there that want to help you! And want to see you have a good future!	10/29/2012 10:42 PM
82	completed more work and i was actually nominated for an academic award in English which surprised me	10/29/2012 10:33 PM
83	After pushing yourself to try new things and being scared of trying new things at operation new start scared me a little bit and with having jimmy there always for me and knowing he respected me, made me respect him back and same goes for my teachers I soon came to realise why would they want to help me pass and get a good education if I'm not respecting them back	10/29/2012 10:22 PM
84	It did make me appreciate my teachers a lot more and realize what they do for me and how much they actually try help me	10/29/2012 10:17 PM
85	I was smarter and had mor respect	10/29/2012 10:15 PM
86	Nothing really, only because I was more into the freedom and commitment I had towards/with my leaders.	10/29/2012 10:14 PM
87	There was a lot of friction between me and my teachers after newstart most of them gave me a second shoot and it worked out fine. Thanks to the point of view phil gave me on there jobs	10/29/2012 2:09 PM

Q13 What effect did your participation in Operation Newstart have on your relationship with police officers?

Answered: 153 Skipped: 7



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
your relationship with police officers?	36.60% 56	24.18% 37	36.60% 56	1.96% 3	1.31% 2	153	2.09

#	Comments for "your relationship with police officers?"	Date
1	Matt was awesome but havent had many good experiences	1/4/2015 5:20 AM

Participants Survey

2	nothing	12/10/2014 8:30 PM
3	I haven't done anything to associate myself with the law	10/20/2014 12:02 AM
4	i had no trouble with the police to begin with.	10/12/2014 8:06 PM
5	i never got in trouble with them	10/6/2014 4:28 PM
6	When I left new start a girl from Kambrya placed an intervention order on me. I was rude to the police officer who interviewed me but now I can sit at the train station and have a nice chat with PSO's	10/6/2014 3:58 PM
7	Was fine with them to start off with	9/15/2014 5:27 PM
8	I learnt that police officers are there to help if you need it and respect them.	8/8/2014 2:01 PM
9	Much more respect for the police officers	7/9/2014 11:28 PM
10	I met three police officers whilst on my operation newstart program and built great relationships with all of them! They had a very big impact on my life	5/18/2014 1:45 PM
11	not all cops r dogs	5/12/2014 9:44 AM
12	After my interaction with the police before the program they're was only 2 female policewoman that wanted to help the rest I hated and would be rude because they treated me badly and after being in my situation I lost all respect for them until the day at Casey new start where you're paired with a police person and you do a great race. The police woman I had was amazing she opened my eyes to the fact that they're are a lot of good cops and their are some bad but they are all they're to do the same thing and everyone has bad days. (Ps the policewoman and I actually won the city great race)	2/6/2014 10:33 PM
13	I had no respect for police. I had really bad experiences with police as a youth. Operation newstart taught me that they are there to help. And if you have done nothing wrong then you have nothing to fear. I felt intimidated by police as a youth. Now as an adult I feel protected when they're around.	1/28/2014 8:17 PM
14	I dont view them as bad people that don't understand what we're going through and that they actually can help us.	1/28/2014 7:26 PM
15	I now understand that they are also human (Not that they already were) But i understand that they also have fears and that they are not always bad and they want the best for you.	12/7/2013 8:06 AM
16	Never been in trouble with the law.	12/4/2013 2:54 PM
17	i do not have anything to do with them now	10/27/2013 9:22 PM
18	try not to be so aggressive toward them	10/18/2013 1:29 PM
19	each to there own some are perfect to deal with them there's some that just couldn't give a shit	9/16/2013 9:10 AM
20	im more respectful towards them.	9/14/2013 5:25 PM
21	nothing at all.	9/4/2013 7:11 PM
22	Chris taught me to respect authority and now I'm aiming to be a member of the police force	9/4/2013 4:23 PM
23	The way I thought of police officers. I now know not to judge a book by its cover	9/4/2013 4:19 PM
24	yes i know there are police officers that i can trust	7/20/2013 8:45 PM
25	That not all Police officers are mean.	7/17/2013 1:25 PM
26	i realized there general people, just like everyday citizens, and there only ever trying to help.	7/11/2013 3:21 PM
27	I respect them way more	6/23/2013 7:13 PM
28	ONS showed me that Vic Police members were human. i forgot Di was a Police officer until the graduation.	6/18/2013 9:47 AM
29	I was always fine with police	6/6/2013 7:14 PM
30	ive had no problems	6/5/2013 12:59 AM
31	I learned that they're helpful in every way, they can help you with most of your problems. They're the authority and they protect you from harm.	6/4/2013 8:48 PM
32	i have never been in trouble with the cops	5/31/2013 9:03 PM
33	It showed me that everyone is the same, beeing with Police Officers was tough but I taught through it, Police aren't always after you, sometimes they just question you to find out more about you or if you are hiding something, I used to be rude to Police Officers, but seeing how th really are and what the behind job is changed my attitude towards Cops, never thought I'd say this but they are my friends!	5/31/2013 8:45 PM

Participants Survey

34	i learned that they can be mean at times but that was just to in force the law. but most of them are very nice outside of work :)	5/31/2013 8:30 PM
35	Not much really	5/31/2013 4:52 PM
36	I've always had respect for police officers.	5/31/2013 3:23 PM
37	Don't give them shit anymore	5/31/2013 1:41 PM
38	I have always respected the police force, as it is my dream profession apart from the Australian defence force, I am and always will be appreciative of what the police force does for our society	4/17/2013 10:46 PM
39	never done anything wrong haha	12/21/2012 9:42 AM
40	i was never really in trouble with the law and i never really ever disrespect the police department.	12/15/2012 8:12 PM
41	I no there not all bad	12/12/2012 1:20 PM
42	I thought all police officers were the same. Out to get me and my friends. Since operation newstart I have a whole new found respect for police officers. As I know I haven't done anything wrong these days I feel great having them around now at train stations and ect. I feel safe and protected now when they are near. Where as before newstart I felt threatened by them.	12/10/2012 5:47 PM
43	that there not all bad and want to help.	12/5/2012 1:22 PM
44	i have more respect for the police officer	12/4/2012 4:38 PM
45	I have become more nice, To police officers and understand there line of work more.	12/4/2012 9:28 AM
46	ive always had respect for police but i learnt more about the job from excursions and loved speaking with seargent gordon	12/2/2012 9:35 PM
47	I've met some really great cops on the program, Leah, Tara (who I've seen recently a couple of times at the supermarket which is always a great thing) and of course Matt, I think the world of them!	11/19/2012 9:28 PM
48	i see them in a different way but i still dislike a few of them	11/17/2012 2:00 AM
49	only the lady we had I didn't mind her	11/7/2012 10:34 PM
50	I understand now that they are just like every other person, just doing there job.	11/3/2012 4:41 PM
51	my views on police officers did change, then due to the influence of alcohol and mates, i had put myself in an unpleasant situation involving police dogs and a few trigger happy officers, who clearly liked their tazers a little too much. my opinion changed on some but not all officers	11/2/2012 8:27 AM
52	I always thought that police officers were great people and Operation Newstart did not change it for better or for worse	11/1/2012 3:22 PM
53	more respect cause they are trying to help us and not just lock us up	11/1/2012 2:56 PM
54	That they are around to help us	11/1/2012 1:16 PM
55	i like them more now but.. they will never be my favorite people	11/1/2012 11:02 AM
56	i have a higher respect for police	11/1/2012 10:36 AM
57	At first I was scared of police officers but they are just normal people and they are there to protect people	10/31/2012 11:54 PM
58	Thankfully, I still haven't had any run ins But I do have a very high amount of respect for police officers	10/31/2012 11:28 PM
59	I havnt been introuble with the law since finishing newstart	10/31/2012 9:50 PM
60	Never had problems with police before.	10/31/2012 9:17 PM
61	I never had a problem with them	10/31/2012 8:05 PM
62	Good i dont get in trouble anymore	10/31/2012 6:47 PM
63	I used to think that police officers didn't really care and just wanted to get people for doing the wrong thing but now I know that they are also there to help you and make your life worth living.	10/31/2012 3:44 PM
64	made me respect them alot more and realise how much they help the community	10/31/2012 2:59 PM
65	i dont think it reall chanced my relationship with the police force, i now understand how hard their job really is but thats about it	10/31/2012 2:56 PM
66	i still see them the same as i did, appart from tracy and matt in new start.	10/31/2012 2:39 PM
67	I don't get nervous around them.	10/31/2012 10:26 AM

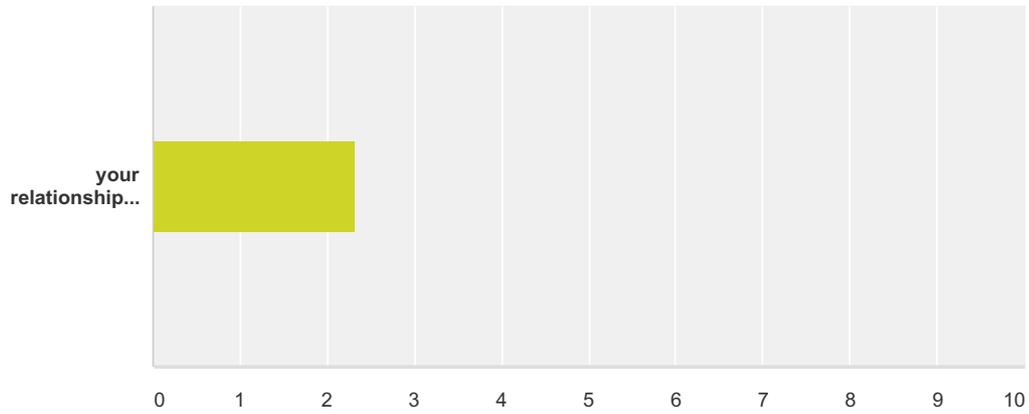
Participants Survey

68	Respect them alot more	10/31/2012 10:12 AM
69	It made me respect police officers a lot more, i didn't really get what there job takes and now i do. it made me decide that sometime in the future i want to become a police officer.	10/31/2012 12:52 AM
70	I realized not all policeman were bad	10/30/2012 11:38 PM
71	never had trouble	10/30/2012 11:08 PM
72	Never had a negative attitude towards cops.	10/30/2012 11:03 PM
73	I still don't like them but I understand why they are there and why I should do what they say so I can be safe and stay out of trouble	10/30/2012 10:42 PM
74	i was always fine with police, i felt a little more connected because of a certain amazing someone who i think is an excellent representative, she inspired my confidence in the force.	10/30/2012 7:44 PM
75	I now realise that not all cops are mean and pick on teenagers. Tracey is the best cop I know!	10/30/2012 4:44 PM
76	nothing	10/30/2012 3:50 PM
77	Nothing.	10/30/2012 3:19 PM
78	no answer	10/30/2012 1:41 PM
79	They were like family yeah there was a new one every week but we became close matt and dave we the best I don't no what we could do without them	10/30/2012 11:49 AM
80	I used to avoid police in person or just in conversation to the extreme, but now I realize they are just normal people doing their job & they are trying to help us.	10/30/2012 11:30 AM
81	so much more respect gaied for them.	10/30/2012 7:34 AM
82	I have had no run in's with the law since graduating operation newstart.	10/29/2012 11:18 PM
83	i have stayed right away from situations that could possibly get me in trouble, especially even if im just there at the wrong time, i make sure i stay right away from anything/ anyone doing anything illega.	10/29/2012 10:54 PM
84	It's changed my whole outlook on them, it showed me that Police officers are there to help and are there to uphold the law.	10/29/2012 10:42 PM
85	i never had bad encounters with the police before and still dont	10/29/2012 10:33 PM
86	I have never really had big incidence with police a few small ones but have had none at all after attending Newstart. I am actually thinking on becoming a police officer myself (:	10/29/2012 10:22 PM
87	I gained a little bit more respect towards police officers,	10/29/2012 10:17 PM
88	Not in trouble with the police	10/29/2012 10:15 PM
89	I didn't frown upon them, I classified then as humans not "pigs".	10/29/2012 10:14 PM
90	I didnt like police officers before newstart but after meeting and dealing with matt I relised there only doing there job and I had been the problem. I have a great respect for the police and the job they have thanks to matt and the other officers on newstart	10/29/2012 2:09 PM

Q14 What effect did your participation in Operation Newstart have on your relationship with local support agencies?

Answered: 147 Skipped: 13

Participants Survey



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
your relationship with local support agencies?	21.77% 32	25.17% 37	53.06% 78	0.00% 0	0.00% 0	147	2.31

#	Comments for "your relationship with local support agencies?"	Date
1	seeing a psych at headspace	12/10/2014 8:30 PM
2	Head space helped alot	10/6/2014 4:28 PM
3	Very good, I was able to step out of my comfort zone and meet with a local group that I let in.	7/9/2014 11:28 PM
4	I didn't know that much about alums or headspace but after we got shown around I saw that people actually cared for teens with a bad background	2/6/2014 10:33 PM
5	Before Operation Newstart I was never involved with any local support agencies but Operation Newstart showed me that they're not useless and that they will actually help you, they're not there for no good reason.	1/28/2014 7:26 PM
6	I now know that there is people out there that care.	12/7/2013 8:06 AM
7	Never heard of them	12/4/2013 2:54 PM
8	realize they are there to help/support	10/18/2013 1:29 PM
9	ive got options to go to when im upset and need to talk.	9/14/2013 5:25 PM
10	nothing at all.	9/4/2013 7:11 PM
11	It made me open my eyes an notice that there is alot of support out there.	9/4/2013 4:23 PM
12	:\	9/4/2013 4:19 PM
13	I unfortunately didn't think they were relevant at the time.	6/6/2013 7:14 PM
14	unknown what that is	6/5/2013 12:59 AM
15	I learned that they're for the greater good to help everyone in need.	6/4/2013 8:48 PM
16	no effect	5/31/2013 8:30 PM
17	I help more people	5/31/2013 4:52 PM
18	Don't	5/31/2013 1:41 PM
19	I'm more confident in approaching help when its needed and take on more of a leadership role.	4/17/2013 10:46 PM
20	never had one	12/15/2012 8:12 PM
21	I went with Ysas for a good year after it and made my life so much more positive	12/12/2012 1:20 PM
22	Operation newstart tried to help me so much when I was living out of home. One of the group leaders actually tried to find me housing and a case worker through dhs when I was homeless.	12/10/2012 5:47 PM
23	that theres people who want to listen and help.	12/5/2012 1:22 PM
24	more respect and listening more	12/4/2012 4:38 PM

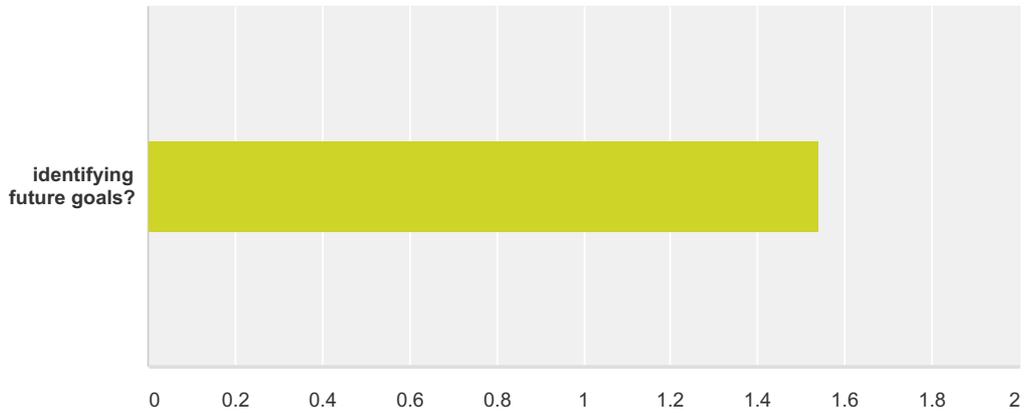
Participants Survey

25	i have joined the CFA	12/4/2012 9:40 AM
26	to try different counsellor	12/2/2012 9:35 PM
27	didn't really do much for me.	11/17/2012 2:00 AM
28	after a violence based offence, i was referred by the dandenong magistrates to a support worker, specialising in anger management, i saw him twice a week for about 3 weeks, and i guess he thought we were getting nowhere, so he signed me off and referred me to another program. since then i have not felt the need to see anyone else. the way i see it is, if someone specialising in that 'problem' couldn't 'help' me, and just gave up on me, can that 'problem' really be fixed or only postponed.. as for the support agencies themselves i can appreciate their intentions, i guess its just some of the workers that need to put in a bit more effort. in saying that i see no flaws in newstars workers and the effort they put in!	11/2/2012 8:27 AM
29	I never had much to do with my local support agencies but now i understand what they are doing	11/1/2012 3:22 PM
30	If you can get the help go for it	11/1/2012 1:16 PM
31	It made me realise that when you need help, there are places out there for everyone	11/1/2012 11:02 AM
32	Well after being on newstart I now see a psychologist before I did newstart I would never have been able to because I used to always hold a wall up	10/31/2012 11:54 PM
33	I'm not sure what this means.	10/31/2012 9:17 PM
34	Not sure i guess	10/31/2012 6:47 PM
35	I don't really go to local support agencies so nothing really changed for me.	10/31/2012 3:44 PM
36	ive always had someone other than family and friends to talk to, but i now open up a lot more than i use to	10/31/2012 2:56 PM
37	nothing.	10/31/2012 2:39 PM
38	I trust a lot more people now and I know where to go for help	10/30/2012 11:38 PM
39	?	10/30/2012 11:03 PM
40	I now know that there is people to talk to that are always going to be there	10/30/2012 10:42 PM
41	i forgot... i think i just wing it, but they did make me aware of their existence.	10/30/2012 7:44 PM
42	nothing	10/30/2012 3:50 PM
43	Nothing.	10/30/2012 3:19 PM
44	shortly after newstart finished, i required some help with some hard times and the support agencies were very helpful and almost acted like a saviour to me when i really needed it	10/30/2012 7:34 AM
45	I have not seen any 'support agencies' since graduating.	10/29/2012 11:18 PM
46	I've relied on YSAS and I've had heaps of help from them.	10/29/2012 10:42 PM
47	i went to an anger management counsellor but it wasn't maintained very well and i ended up closing the counselling due to sorting my issues out myself	10/29/2012 10:33 PM
48	I have never attended one of these	10/29/2012 10:22 PM
49	I never realized how many support agencies there are around and how much they do for the community and people like myself,	10/29/2012 10:17 PM
50	I was much more accepting.	10/29/2012 10:14 PM
51	Never really had any contact with them	10/29/2012 2:09 PM

Q15 What effect did your participation in Operation Newstart have on identifying future goals?

Answered: 152 Skipped: 8

Participants Survey



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
identifying future goals?	59.87% 91	26.97% 41	12.50% 19	0.66% 1	0.00% 0	152	1.54

#	Comments for "identifying future goals?"	Date
1	Make my future	1/4/2015 5:20 AM
2	nothing	12/10/2014 8:30 PM
3	I worked out what I wanted to do for employment and began working on what I needed to do to achieve that	10/12/2014 8:58 PM
4	It helped me figure out what i want in life	10/12/2014 8:06 PM
5	i have a better idea of what is out there for me to do	10/6/2014 4:28 PM
6	Knew what I wanted to do	9/15/2014 5:27 PM
7	It made me realise that I can help other young people struggling, which is why I am now enrolled in a bachelor of youth work.	8/8/2014 2:01 PM
8	By participating in Operation Newstart my goal at the time was completing high school and I stuck to that. That was my first ever goal and acknowledging how to identify a goal was a big challenge as I had NO sense of hope in life before hand	7/9/2014 11:28 PM
9	It made me realise that only I can't decide what and where I am going to take my life! I never had goals before the program. But during the program I set my goals and have not given up on them even to this day	5/18/2014 1:45 PM
10	I wanted to become a policewoman and have recently started a course doing my year 10&11 in vcal and doing certificate 2 in bussiness which are good for me because I can now do both years and get a vcal pass and by the end of the course I can come out with a vcal certificate	2/6/2014 10:33 PM
11	I realized I wanted to help youth too.	1/28/2014 8:17 PM
12	My plans for the future solidified and I am now on the correct path to where I want to be in the future.	1/28/2014 7:26 PM
13	It gave me a chance to sit back and think what I wanted to be and where and I have been in full time employment since I left school and have tried out a lot of different jobs and I am finally happy where I am.	1/28/2014 4:12 PM
14	I understand now that instead of giving up and hoping your goals will come to you, you have to work very hard to achieve them and if you fail just get up and try again.	12/7/2013 8:06 AM
15	I see what I want in life & what potential I also have	12/4/2013 2:54 PM
16	Pushed me to try my hardest !	10/27/2013 9:36 PM
17	i now am working full time after leaving school, and am ambitious. before i did not care.	10/27/2013 9:22 PM
18	that i have a future	10/18/2013 1:29 PM
19	Made me consider teaching/helping people as a hobby, I enjoy the feeling that you get when you teach someone something and they understand it.	10/2/2013 8:49 PM
20	I have an Idea of how to make goals now	10/2/2013 11:21 AM
21	It helped my have a broader onlook of careers	9/17/2013 2:20 PM

Participants Survey

22	helping me achieve what I wanted to and receiving the chance to follow my care path in getting a child care trainership	9/16/2013 9:10 AM
23	they've showed us what kind of jobs are available that we have interest in	9/14/2013 5:25 PM
24	it helped me find out what iwabted to do when i leave school and gave me a taste of what it would be like.	9/4/2013 7:11 PM
25	It made me realize what I want as a career. Could never thank them enough!	9/4/2013 4:23 PM
26	My outlook on things, Im much more wide eyed when it comes to my future because I know I can do anything!	9/4/2013 4:19 PM
27	it showed me that i can do positive things in my such as save for a car, go overseas and to get a job	7/20/2013 8:45 PM
28	My future goals are to go home with my mum, do have my future job when im older, and newstart helped me to make goals and try to achive them.	7/17/2013 1:25 PM
29	i have goals now, and will do my best to work hard to support a life, rather then sitting at home.	7/11/2013 3:21 PM
30	I know that if I work hard I will get there	6/23/2013 7:13 PM
31	newstart encouraged me to aim higher. And do something that is worth spending my time on (DESIGN IS AWESOME!)	6/6/2013 7:14 PM
32	It helped me to realise that I wanted to go back to school and actually attend, stay out of trouble and not get expelled. I decided that I wanted to get a part-time job so that I could gain independence. I also decided that I would complete VCE.	6/6/2013 12:39 AM
33	its more clear on what i want to do	6/5/2013 12:59 AM
34	I got taught to make goals and PUSH FURTHER beyond the goal I originally set to accomplish.	6/4/2013 8:48 PM
35	i have reach all my goals and im happy and i can do anything	5/31/2013 9:03 PM
36	Newstart made me get down with the work and try my hardest to overcome it	5/31/2013 8:45 PM
37	helped me alot never use to think the way i do about my future :)	5/31/2013 8:30 PM
38	A good one	5/31/2013 4:52 PM
39	Inspired me to be motivated at whatever i chose to do.	5/31/2013 3:23 PM
40	I Have always had a rough idea of where i have wanted to go in life (Australian defence force or Victorian police) but newstart has help me to solidify and help me to climb the ladder significantly.	4/17/2013 10:46 PM
41	get a good full time job	12/21/2012 9:42 AM
42	I wanna be a fire fighter	12/17/2012 7:59 PM
43	after this program i was able to set goals and actually complete them	12/15/2012 8:12 PM
44	I now know what I want to do for a future job	12/15/2012 2:55 PM
45	To keep focus on what I'm doing as I said now I'm an apprentice at reece and love it	12/12/2012 1:20 PM
46	When I started newstart I didn't really want much to do with work or earning money. Newstart helped me realize my dreams to own my own home and to help other teens who were in a similar situation. I am still striving to achieve those goals and someday I will.	12/10/2012 5:47 PM
47	i have more ambitious goals now and believe in myself	12/9/2012 12:02 PM
48	i want to be a lawyer i didnt believe that i could do it but the program showed me i can succeed in anything if i put my mind to it.	12/5/2012 1:22 PM
49	i want to do with my life	12/4/2012 4:38 PM
50	made me believe ibn myself	12/4/2012 9:40 AM
51	ive always known my future interests but now i had help with my resume and know how to expand it by myself	12/2/2012 9:35 PM
52	I've learnt that life is too short and if you have a goal or want something, you have to do what you can and give your all to get it.	11/19/2012 9:28 PM
53	showed me a way to go with school and jobs.	11/17/2012 2:00 AM
54	I I wrote on my goals I want to get an apprentice in plumbing and here I am I achieve now my goal is to complete the app'	11/7/2012 10:34 PM

Participants Survey

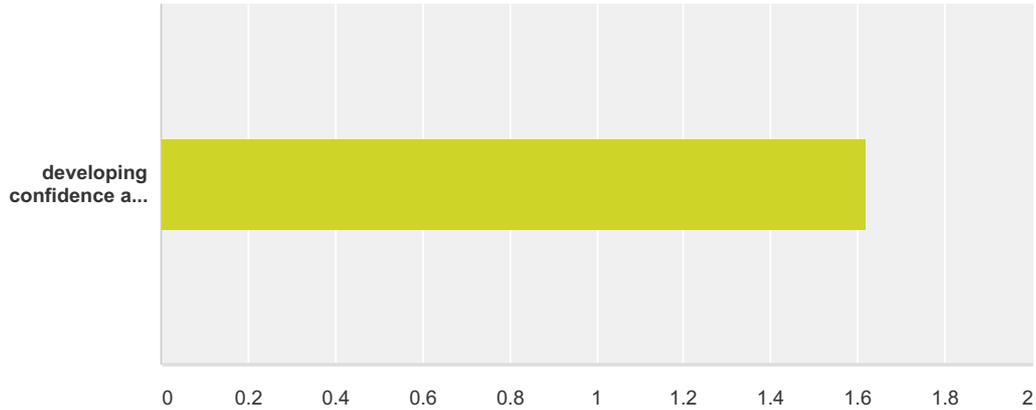
55	since the panel beating tafe tester we participated in during the program, i knew i would enjoy working on cars, i am now a full time 2nd year apprentice mechanic	11/2/2012 8:27 AM
56	After one day of Operation Newstart I got into my course to continue onto my goal of becoming an electrician	11/1/2012 3:22 PM
57	they help me to set future goals and to try 100% to achive them and always try to achive	11/1/2012 2:56 PM
58	Where I wanna go in life and where I wanna be	11/1/2012 1:16 PM
59	It helped me figure out what my priority's were and what i wanted in life	11/1/2012 11:02 AM
60	I know what I want and how to get it	11/1/2012 10:08 AM
61	After doing newstart I now know what I am going to do in the future which is study law	10/31/2012 11:54 PM
62	I was able to see that I am capable of achieving anything I wanted.	10/31/2012 11:28 PM
63	I make all my choices based on how it effects my future now	10/31/2012 9:50 PM
64	My behaviour im positive towards life now cause i know not to give up	10/31/2012 6:47 PM
65	By being in operation Newstart it did help me move forward and get that one step closer to achieving my future goals by realizing to get them I have to go to school and work hard for it.	10/31/2012 3:44 PM
66	befor newstart, i didnt think school matted, getting a job or anything. but now im wantting to achive high in school get a good job and build a futere for me and what ever family is made in the distane futere	10/31/2012 2:56 PM
67	nothing.	10/31/2012 2:39 PM
68	I now know what i want to know in life	10/31/2012 12:34 PM
69	I know what I want to do when I leave school and how I'm going to do it.	10/31/2012 10:26 AM
70	Gave me a few more options in the future	10/31/2012 10:12 AM
71	It made me decide that one day i want to do carpentry and one day i want to be a police officer.	10/31/2012 12:52 AM
72	I now know what I wanna be when I grow up	10/30/2012 11:38 PM
73	Yes they showed me what i wanted to do in life, what options i had.	10/30/2012 11:03 PM
74	Thanks to this program I now no what I want to be in life and I have started on making the changes I need to get there	10/30/2012 10:42 PM
75	it gave me insight into the work force and training-a whole new outlook, what i found out i didn't want to do [i will become an industrial/interior designer and a visual merchandiser]	10/30/2012 7:44 PM
76	Made me want to be a nurse and help people even more than I already wanted to.	10/30/2012 4:44 PM
77	nothing	10/30/2012 3:50 PM
78	I know what I want to do in life.	10/30/2012 3:19 PM
79	i am wanting to be a youth woker more then i have	10/30/2012 1:41 PM
80	I now am pregnant have a house a full time job and engaged I never thought that would ever happen to me	10/30/2012 11:49 AM
81	I already had an idea of what career I wanted to peruse but new start helped me get the contacts I need to be able to get into the right area.	10/30/2012 11:30 AM
82	my future still seems so far away, but it helped me to see that there is more than one option	10/30/2012 7:34 AM
83	I realised i could achieve so much more if i really tried, and since then i have identified what i really want to do in the future.	10/29/2012 11:18 PM
84	I finally know what i want to do.	10/29/2012 11:02 PM
85	It made me clear on what I want to do with my life and how I need to go about doing it.	10/29/2012 10:42 PM
86	due to the tafe course i now will be attending tafe next year in electronics, and my goal is to become an electrical engineer or an electrician.	10/29/2012 10:33 PM
87	i was so lost, and newstart helped me choose what i want to do	10/29/2012 10:26 PM
88	operation new start makes you think a lot more about your future not only because you are away from school but we done various goal setting tasks and got certificates that could help out in the future.	10/29/2012 10:22 PM
89	It helped me realize that i need to stay in school and continue getting an education if i want to get somewhere with my life, it kept me on track and made me want to succeed	10/29/2012 10:17 PM

Participants Survey

90	I already new what I wanted to do but new start gave me an extra kick to do it!	10/29/2012 10:15 PM
91	I wasn't as stubborn. I was much more willing to try.	10/29/2012 10:14 PM
92	After newstart I had goals and the tools to acheve them	10/29/2012 2:09 PM

Q16 What effect did your participation in Operation Newstart have on developing confidence and self-esteem?

Answered: 154 Skipped: 6



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
developing confidence and self-esteem?	52.60% 81	33.77% 52	12.34% 19	1.30% 2	0.00% 0	154	1.62

#	Comments for "developing confidence and self-esteem?"	Date
1	I have a self esteem and better confidence	12/10/2014 8:30 PM
2	i guess it made me more confident idk	10/12/2014 8:06 PM
3	Made me more confident.	10/7/2014 3:27 PM
4	I am more confident and bigger self esteem	10/6/2014 4:28 PM
5	It helped me get more involved with school activities, my self esteem is high. New start has told me no body is perfect	10/6/2014 3:58 PM
6	Yes, built up more self esteem and felt better with myself	9/15/2014 5:27 PM
7	If I could go caving, do high ropes and camp by myself I knew I could go to school and succeed.	8/8/2014 2:01 PM
8	The biggest thing for me was the positive communication. I had never been pushed with words of encouragement, or someone taking the time out to sit and tell me I had a lot of potential and things in life to look forward to! This blew my mind! My confidence soared along with my self-esteem during my time with the program!	7/9/2014 11:28 PM
9	I has no confidence of self esteem but after graduating the program I had gained them both	5/18/2014 1:45 PM
10	i thought i was tuff until we had to canoe the lower Glenelg river. im not so tuff	5/12/2014 9:44 AM
11	It made me realise that if you're happy with yourself then no else's opinions can hurt you and that being confident in your own skin always helps as if your happy then everyone else is happy.	2/6/2014 10:33 PM
12	I totally came out of my shell on operation newstart. I was afraid of who I was to begin with. But now I couldn't be happier.	1/28/2014 8:17 PM
13	I'm not as shy or nervous as I was I can communicate with new people without having an anxiety attack.	1/28/2014 7:26 PM
14	it showed me if I put my mind to something I can do anything I want. I just need to apply myself.	1/28/2014 4:12 PM

Participants Survey

15	I'm more comfortable with talking in a group and putting my opinion out there	12/7/2013 8:06 AM
16	A major effect it has given me the biggest confidence push I've ever had..	12/4/2013 2:54 PM
17	when i started operation newstart i really didnt think i could participate in many of the activities but after i realised i could	10/27/2013 9:22 PM
18	helped build up my confidence	10/18/2013 1:29 PM
19	Became a better person, more approachable, not as shy as I used to be.	10/2/2013 8:49 PM
20	I'm not putting myself down anymore and I'm not trying to be someone I'm not	10/2/2013 11:21 AM
21	making me more out going and not follow others and finding myself as an a humanbeing	9/16/2013 9:10 AM
22	im talking more then i used to which is good because i used to be scared of how people would react to everything i say.	9/14/2013 5:25 PM
23	it helped me alot because if i am going to be at school i moswell make use out of it.	9/4/2013 7:11 PM
24	It taught me how to believe in myself all over again. Still to this day I've never felt more proud than the day I did standing with all my companies graduating newstart with 100% attendance	9/4/2013 4:23 PM
25	A very huge amount, it gave me a big confidence boost	9/4/2013 4:19 PM
26	im more open now to offer my opinion	7/20/2013 8:45 PM
27	Happuer withv myself	7/20/2013 5:18 PM
28	It helped my self-esteemed helpt a lot, when i saw other people struggle i felt like it was ok for me to not to hide it and ask for help.	7/17/2013 1:25 PM
29	i become more independent and made choices for myself.	7/11/2013 3:21 PM
30	I speak up more and stopped caring as much about the way people treat me	6/23/2013 7:13 PM
31	i knew that i was a leader before ONS but i never used it in a positive way until after the program	6/18/2013 9:47 AM
32	Was able to show my colours easier...it brought my personality to life	6/6/2013 7:14 PM
33	im already outgoing	6/5/2013 12:59 AM
34	Newstart showed me I can accomplish things with hard work and determination.	6/4/2013 8:48 PM
35	wow i can talk to anyone and do anything and i learned not to take anything to heart	5/31/2013 9:03 PM
36	I'm more confident on approaching people, making new friends, beeing out there and beeing myself	5/31/2013 8:45 PM
37	already had that :)	5/31/2013 8:30 PM
38	I built up a lot more confidence	5/31/2013 4:52 PM
39	I NEVER was a social person, i was depressed and had very little confidence, after completing newstart i have significantly increased all these skills, my quality of life is amazing.	4/17/2013 10:46 PM
40	I feel better about my self	12/17/2012 7:59 PM
41	this was a big change in me n most of the other girls on my team. we were hermit Crabs turn into egals.	12/15/2012 8:12 PM
42	I able to speak about my feelings better	12/12/2012 1:20 PM
43	Before newstart I was fairly self concious. I wore my hat as a security blanket. I was scared of my sexuality. Now I barely wear my hat and have completely come to terms with my sexuality. I have been with the same girl for over two years, engaged and couldn't be happier.	12/10/2012 5:47 PM
44	it was a major confidence boost for me	12/9/2012 12:02 PM
45	that im not stupid and that to never give up on things that everyones diffrent.	12/5/2012 1:22 PM
46	i am more confident	12/4/2012 4:38 PM
47	i fell more grown up and positive	12/4/2012 9:40 AM
48	I became more outgoing, and willing to try new things,	12/4/2012 9:28 AM
49	i feel more confident to try more outdoor activities and enjoy what i try	12/2/2012 9:35 PM
50	This is the main thing that Operation Newstart has taught me and it's one of the most important things in my life.	11/19/2012 9:28 PM

Participants Survey

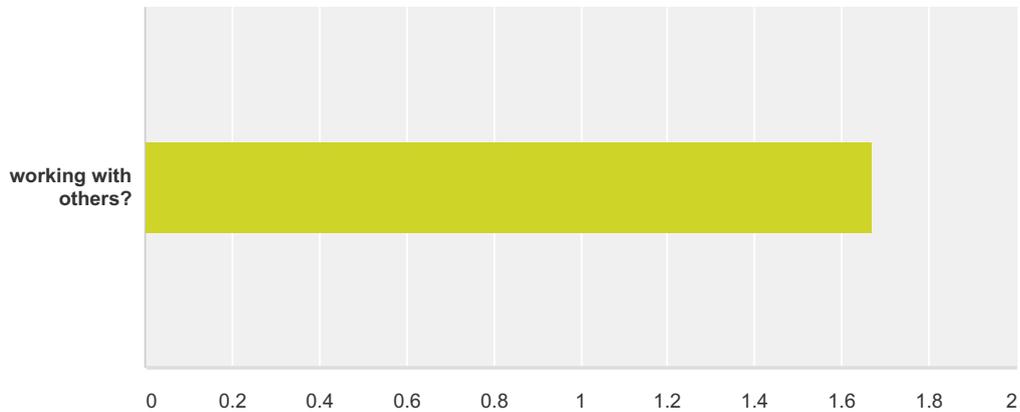
51	i dont have much self-esteem and i wouldnt gain it back that easy	11/17/2012 2:00 AM
52	have always been myself around a group	11/7/2012 10:34 PM
53	i have always been the type to keep quiet and observe, and i see that as a good quality, although that does not mean i dont show confidence because i do and always have, in the right situations. as for my self asteem, i started thai kickboxing at the age of 6 up until this very day, through the years ive realised the talent i possess and my potential.	11/2/2012 8:27 AM
54	I now believe that i am who i am meant to be and not a thing nor anyone will change it	11/1/2012 3:22 PM
55	to be more confedent in my self and not care what others think and to always be your self and not change to fit in	11/1/2012 2:56 PM
56	To be more confident and Not hide away from a crowd	11/1/2012 1:16 PM
57	Newstart gave me heaps of self esteem and confidence	11/1/2012 11:02 AM
58	explained in question 8	11/1/2012 10:36 AM
59	I'm more confident in myself	11/1/2012 10:08 AM
60	I now don't think so badly of myself and I have became so much more confident I never used to talk to hardly anyone now I'm so down to earth and out there and I love getting to no new people now before I used to be scared	10/31/2012 11:54 PM
61	I lost a lot of weight which was a phenomenal confidence boost	10/31/2012 11:28 PM
62	Newstart made me relize i can be myself, i dont care that people know im a geek on the inside now insted of hiding it	10/31/2012 9:50 PM
63	I guess my confidence is higher than is was.	10/31/2012 9:17 PM
64	I was a very shy girl and now I have realized that if you don't care what other people think of you, you will have more confidence in life and be a much happier person.	10/31/2012 3:44 PM
65	they always encouraged us to try new things and that we could do it.	10/31/2012 2:59 PM
66	i use to be a quite, hidden person, now i put myself out there and try and make friends, im more confident in my appearance as i use to be self conches, and my self asteem is way higher, i use to think i was worthless and could do anything but now i know i can do anything and worth everything	10/31/2012 2:56 PM
67	i have a lot more since operation newstart.	10/31/2012 2:39 PM
68	Indeed gave me a lot more of both	10/31/2012 10:12 AM
69	I've always had lots of confidence but I did stuff I would never have done otherwise	10/30/2012 11:38 PM
70	Had a bit of an effect on my confidence, knowing that i can achive more then i thought.	10/30/2012 11:03 PM
71	I now feel good and proud of myself I am proud to be me and I'm never going to change for anyone or let people push me around	10/30/2012 10:42 PM
72	more self-worth, motivation, more able to communicate and articulate...	10/30/2012 7:44 PM
73	I gained so much confidence and believed in my self so much more	10/30/2012 4:44 PM
74	i developed alot more confidence	10/30/2012 3:50 PM
75	I believe In myself now.	10/30/2012 3:19 PM
76	im more shy then i was before	10/30/2012 1:41 PM
77	I didn't have any confidence to do anything thought I was a failure in life during the program that slowly changed	10/30/2012 11:49 AM
78	so so much more confident in trying new things, taking a risk & also just being myself.	10/30/2012 11:30 AM
79	after completeing all these amazing things i felt like such a stronger person, like nothing should stop me from getting what i want	10/30/2012 7:34 AM
80	Newstart showed me i could achieve things i never really thought about.	10/29/2012 11:18 PM
81	i can actually come out of my shell a lot more when meeting new people after participating in operation newstart, i dont worry about how people may judge me, as long as im happy with who iv become im proud of myself and i dont have to impress anybody else.	10/29/2012 10:54 PM
82	I found out that I'm stronger than I thought I was, and I've realised I can do a lot.	10/29/2012 10:42 PM

Participants Survey

83	before Newstart i already had a lot of confidence and high self-esteem, but now i would say that my confidence is more moderate and not flashy/cocky. and i built a lot of confidence from being on channel 7 news for Newstart.	10/29/2012 10:33 PM
84	alot it gave me so much more confidnce in myself	10/29/2012 10:26 PM
85	I have always been a very confident person but having really always been that confident to try new things or things that looked hard, but while attending new start there was a lot of activities that had pushed those boundaries and I actually enjoyed then!	10/29/2012 10:22 PM
86	I had little to no self esteem and confidence before i started newstart and gained so much through the program it was remarkable	10/29/2012 10:17 PM
87	I felt so much better, thinking that I could/can achieve what ever I put my mind to.	10/29/2012 10:14 PM
88	I could talk in front of a group now	10/29/2012 9:58 PM
89	It helped alot because of the activitys I did on newstart I overcame fears and did thing I thought I couldnt do	10/29/2012 2:09 PM

Q17 What effect did your participation in Operation Newstart have on working with others?

Answered: 151 Skipped: 9



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
working with others?	48.34% 73	36.42% 55	15.23% 23	0.00% 0	0.00% 0	151	1.67

#	Comments for "working with others?"	Date
1	I don't shut people out anymore	12/10/2014 8:30 PM
2	i never really had trouble working in groups but yeah	10/12/2014 8:06 PM
3	i get along better with others but some are still bitchy	10/6/2014 4:28 PM
4	Had more patience with them	9/15/2014 5:27 PM
5	Being in the group with other troubled teenagers going through the same I was able to take eyes off myself and see that other people were going through a tough time also. I was more AWARE of working with others by the end of the program.	7/9/2014 11:28 PM
6	After the program I started helping the special needs students and teachers at my schools integration centre! Was one if the best experiences of my life	5/18/2014 1:45 PM
7	I now work at mcdonalds part time and because of my experience at Casey newstart I learnt how to get along with all different people before starting at my work.	2/6/2014 10:33 PM
8	I am a much more patient person. I am more willing to help those in need.	1/28/2014 8:17 PM

Participants Survey

9	Working with the other students at Operation Newstart showed me that not all people are hard to get along with you just have to be confident with yourself.	1/28/2014 7:26 PM
10	I know to interact and work with them so we can finish as a team.	12/7/2013 8:06 AM
11	I've been able to communicate with different people now	12/4/2013 2:54 PM
12	learnt to respect people more	10/27/2013 9:22 PM
13	to listen to other peoples opinions	10/18/2013 1:29 PM
14	Developed the confidence to be able to pitch forward an idea, take control of a group, etc.	10/2/2013 8:49 PM
15	Everything	10/2/2013 11:21 AM
16	I know can work with others and not think everything's about just me	9/16/2013 9:10 AM
17	i now love working with others, its so much more positive	9/14/2013 5:25 PM
18	Alot of challenges were set out as group work, I always wanted everything to be done my way but I learnt to listen eventually and learnt that working in a team can significantly help at times.	9/4/2013 4:23 PM
19	I was already good at working with new people, as I am a friendly person	9/4/2013 4:19 PM
20	listen more to others ideas	7/20/2013 8:45 PM
21	team work is more important, like they say,4 hands are better then 1	7/11/2013 3:21 PM
22	I figured out I am a good leader and being with other people is fun	6/23/2013 7:13 PM
23	Depending on 'who' it is....	6/6/2013 7:14 PM
24	It helped me to develop my skills working in a team. I was faced with the hurdle of needing to work productively with team members, some of whom I would not usually associate with and others who I did not like in order to complete the task. I also learnt how to communicate effectively with my team members and how to ask for help when needed. I learnt leadership skills as I would try to compensate individuals weaknesses with others strengths. I also learnt how to follow instructions.	6/6/2013 12:39 AM
25	im a team guy	6/5/2013 12:59 AM
26	The team work we used in Newstart showed myself and all our other group members that we need each other to complete our intended task.	6/4/2013 8:48 PM
27	but i can work with anyone i know how to respect people	5/31/2013 9:03 PM
28	I do not know, I bassically told you in theses other boxes	5/31/2013 8:45 PM
29	helped me so much, i learned to work in a team, and to trust my team mates :)	5/31/2013 8:30 PM
30	I got more involved	5/31/2013 4:52 PM
31	I communicate better with other people	5/31/2013 1:41 PM
32	I have always been an independent worker, i never really worked well with others, but most of the tasks in the program being in groups i have learnt to be flexible in my working skills, which is a vital part of both my part time job and my schooling.	4/17/2013 10:46 PM
33	i am a great team member at work and with other around me i not think about me own needs but my teams needs	12/15/2012 8:12 PM
34	I'm now more understanding and great full of the things I have and done also I can communicate better now because I'd been through what they have	12/12/2012 1:20 PM
35	I learnt from newstart how to work effectively with others. How to trust and be responsible for my actions. My current employer loves those quality in me. If I stuff up I tell her. I apologize and I fix it.	12/10/2012 5:47 PM
36	Work as a team	12/9/2012 2:07 PM
37	i take up more leadership roles in groups	12/9/2012 12:02 PM
38	team work is very important and with some of the activities we did we needed team work the the leep of faith with out team work we would fail.	12/5/2012 1:22 PM
39	i am able to work with other better	12/4/2012 4:38 PM
40	made me feel alt better	12/4/2012 9:40 AM
41	Ive always been a good team worker	12/4/2012 9:28 AM

Participants Survey

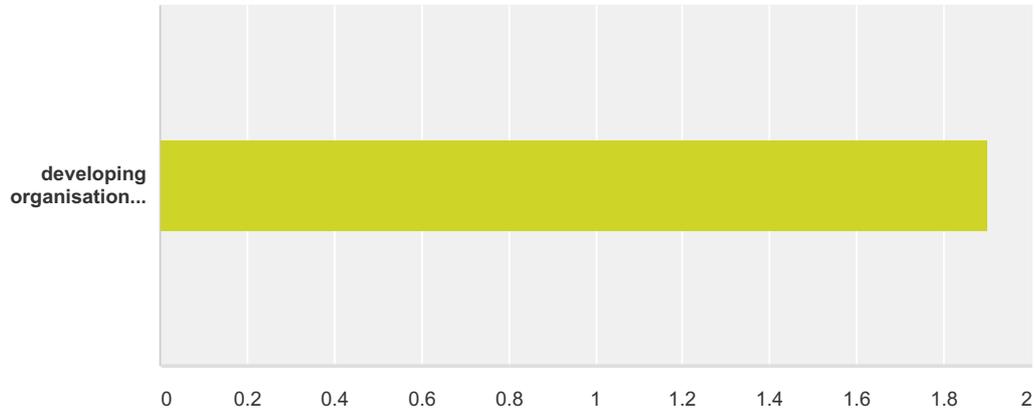
42	try to listen more and be more patient	12/2/2012 9:35 PM
43	i am a people person	11/17/2012 2:00 AM
44	better people skills	11/7/2012 10:34 PM
45	I can now work in a team instead of always taking charge or not doing anything at all	11/1/2012 3:22 PM
46	to always work as a team and help others if they need it	11/1/2012 2:56 PM
47	Helped me work with other a lot more easier	11/1/2012 1:16 PM
48	ive always been good in team environments	11/1/2012 11:02 AM
49	I use teamwork more often and work well in groups	11/1/2012 10:08 AM
50	By seeing how much more effective tasks were completed when working with others, I now think very highly of team work in work and social environments	10/31/2012 11:28 PM
51	It made me a better team player	10/31/2012 9:50 PM
52	I am more of a positive leader now.	10/31/2012 9:17 PM
53	I get along with every one now	10/31/2012 6:47 PM
54	I used to always work by myself but working with others you can achieve more than you could on your own and have much more fun.	10/31/2012 3:44 PM
55	spending so much time with the girls made me a better team worker.	10/31/2012 2:59 PM
56	ive never really worked well in groups, but now i put myself out there and have a go	10/31/2012 2:56 PM
57	good, that's improved.	10/31/2012 2:39 PM
58	I can work better in groups.	10/31/2012 10:26 AM
59	I was already pretty good at working with other but it helped me improve on how to control situations better in a team environment.	10/31/2012 12:52 AM
60	I'm pretty good with working as a team now	10/30/2012 11:38 PM
61	Getting to know people that have been thrown in my life was handle pretty well. Program helped.	10/30/2012 11:03 PM
62	The program has helped me talk to people and listen to there if ideas if it wasn't for the program I would probs still be a self cantered person that didn't care about others	10/30/2012 10:42 PM
63	able to take in easier- other peoples input+co-operation, however i still prefer to work alone- i like efficiency	10/30/2012 7:44 PM
64	I learned how to work in a team and enjoyed it	10/30/2012 4:44 PM
65	i work abit better as a group now	10/30/2012 3:50 PM
66	I can talk to people now.	10/30/2012 3:19 PM
67	still the same as before	10/30/2012 1:41 PM
68	I've always worked well with others	10/30/2012 11:49 AM
69	I used to be quite rude & judge people, but I have now learnt to get to know someone before judging & 8/10 times they are really nice & easy to talk too or work with.	10/30/2012 11:30 AM
70	team work sils improved, tught me that its okay to rely on other people	10/30/2012 7:34 AM
71	The experience of newstart with our group(intake 4) has made me appreciate working with others significantly and showed me how much can be achieved with a well bonded group of people.	10/29/2012 11:18 PM
72	It showed me working together as a team helps so much more than on your own at times.	10/29/2012 10:42 PM
73	in the team building events i became more co-operative and learnt to hear other team members opinions	10/29/2012 10:33 PM
74	i opened up more	10/29/2012 10:26 PM
75	I believe at new start the people that are attending with you become very close and you'll will end up needing everyone of there support and help doing the various activities which makes you learn new skills on working in a team	10/29/2012 10:22 PM
76	I've always been good at working with other but it helped me get a better group attitude and more patience	10/29/2012 10:17 PM
77	I've always been pretty good in teams	10/29/2012 10:15 PM

Participants Survey

78	I was always good with working with others.	10/29/2012 10:14 PM
79	I had a better understanding of how I acted affects others and about mutual respect	10/29/2012 2:09 PM

Q18 What effect did your participation in Operation Newstart have on developing organisational skills?

Answered: 149 Skipped: 11



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
developing organisational skills?	34.90% 52	40.27% 60	24.83% 37	0.00% 0	0.00% 0	149	1.90

#	Comments for "developing organisational skills?"	Date
1	I'm very organised now	12/10/2014 8:30 PM
2	im waaay more organised	10/12/2014 8:06 PM
3	Made me have more time management, etc.	10/7/2014 3:27 PM
4	i still forget things but am more aware of it	10/6/2014 4:28 PM
5	Not much	9/15/2014 5:27 PM
6	Organising was never my thing but I managed to get COPING skills that helped me organize myself.	7/9/2014 11:28 PM
7	I was surprised at just how organised I became through the program	5/18/2014 1:45 PM
8	I've always had organisational skills but they did show me different ways to help be more organised	2/6/2014 10:33 PM
9	I now have a set routine so I don't forget things. You don't realize until you're in the middle of the bush just how important some things can be.	1/28/2014 8:17 PM
10	Being in Operation Newstart actually helped me in being organised, being a part of Operation Newstart made me have something to look forward to in the morning and now I'm arriving at school on time and not sleeping in or not going in to school at all.	1/28/2014 7:26 PM
11	Packing things the night before and double cheeking you have everything you need.	12/7/2013 8:06 AM
12	Always been organised	12/4/2013 2:54 PM
13	I am more organised now	10/18/2013 1:29 PM
14	I had to get up earlyier than i was used to	9/17/2013 2:20 PM
15	i am so much more organised then i used to be	9/14/2013 5:25 PM
16	i now have my school stuff all organized.	9/4/2013 7:11 PM
17	Meh, I'm lazy...it's gonna take alot to change that! Haha It did tho, get me outta bed and made my look forward to my dad.	9/4/2013 4:23 PM

Participants Survey

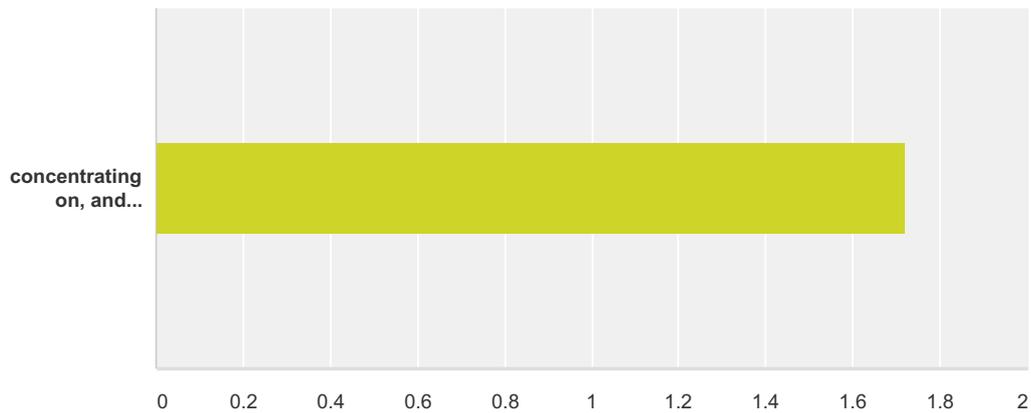
18	A MASSIVE IMPACT!	9/4/2013 4:19 PM
19	to get up in the morning, and get up and do things	7/17/2013 1:25 PM
20	time management is so important for jobs, school just about everything in life.	7/11/2013 3:21 PM
21	I was already a pretty organised...has something to do with being a virgo	6/6/2013 7:14 PM
22	im very organised	6/5/2013 12:59 AM
23	We had to organise everything for when we went out to do tasks and if we didn't we would have had to find another way to fix it.	6/4/2013 8:48 PM
24	Beeing in this program was highly organised stuff, if you weren't organised you wouldn't be ready for tasks	5/31/2013 8:45 PM
25	it helped alot i am never late for anything :)	5/31/2013 8:30 PM
26	I became a lot more organised	5/31/2013 4:52 PM
27	I'm still a bit over the place	5/31/2013 1:41 PM
28	I have always been clumsy but in term of the programs help, i am more organised with school work, handing things in at school.	4/17/2013 10:46 PM
29	me as a person i have never really been organised it was just in my personality but there was still an improvement.	12/15/2012 8:12 PM
30	I can now organise myself to be on time	12/15/2012 2:55 PM
31	Without my résumé I would never of got the apprenticeship	12/12/2012 1:20 PM
32	getting up early and being prepared for the set day.	12/5/2012 1:22 PM
33	i am more organized	12/4/2012 4:38 PM
34	i have learned how to manage myself	12/4/2012 9:40 AM
35	trying to work out better ways to be more organised	12/2/2012 9:35 PM
36	i have to have everything neat and in order.	11/17/2012 2:00 AM
37	had to be neat and tidy there	11/7/2012 10:34 PM
38	ive always been organised, but newstart showed me the importance of it.	11/2/2012 8:27 AM
39	I have organized all my future studies and can finish what i start	11/1/2012 3:22 PM
40	they taught us to be on time and if we didnt get to the center in the time that was set then there would be some sort of consequences for that and we learnt quick to be on time	11/1/2012 2:56 PM
41	Still not very organized but a hell of a lot better	11/1/2012 1:16 PM
42	got me used to getting up every morning and arriving on time even though i was mostly late	11/1/2012 11:02 AM
43	im already an OCD freak haha	11/1/2012 10:36 AM
44	I'm more organised than before	11/1/2012 10:08 AM
45	I was taught how to do everything in an orderly manner	10/31/2012 11:54 PM
46	Ive never been an organised person hahaha	10/31/2012 9:50 PM
47	Im very organised now	10/31/2012 6:47 PM
48	I still need to be a little bit more organized but I'm heaps better with my organization after the program.	10/31/2012 3:44 PM
49	ive always been a clean organised person	10/31/2012 2:56 PM
50	nothing	10/31/2012 2:39 PM
51	Still pretty messy aha	10/30/2012 11:38 PM
52	It helped me a lot I'm still unorganised but no where near as much as I was	10/30/2012 10:42 PM
53	planning goals and getting my life back on track, now im the kind of person who thinks way ahead, [already saving for a house & car. i only just turned 18]	10/30/2012 7:44 PM
54	Made me much more organized than I already was eg going to school on time	10/30/2012 4:44 PM
55	ive become alot more organised	10/30/2012 3:50 PM

Participants Survey

56	I have books at school.	10/30/2012 3:19 PM
57	still the same as before	10/30/2012 1:41 PM
58	I had 100% attendance when I graduated new start, but for the first 2 terms of school this year I had missed 60% of my classes.	10/30/2012 11:30 AM
59	10/30/2012 7:34 AM
60	I was always organised.	10/29/2012 11:18 PM
61	It taught me that I had to be organised and on top of my game otherwise I'd miss out on important things.	10/29/2012 10:42 PM
62	im still quite unorganized, but it doesn't effect me too dramatically.	10/29/2012 10:33 PM
63	I have always been fairly good on organizing and don't think new start has had any impact on it	10/29/2012 10:22 PM
64	It helped me to get to places at the time i needed to be there and prepare for my next day the night before	10/29/2012 10:17 PM
65	I'm still the worst at organising things.	10/29/2012 10:15 PM
66	I'm a fairly lazy person, although I was more mature.	10/29/2012 10:14 PM
67	I figured out my poriotys and how to sort them out	10/29/2012 2:09 PM

Q19 What effect did your participation in Operation Newstart have on concentrating on, and completing tasks?

Answered: 150 Skipped: 10



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
concentrating on, and completing tasks?	46.00% 69	36.67% 55	16.67% 25	0.67% 1	0.00% 0	150	1.72

#	Comments for "concentrating on, and completing tasks?"	Date
1	I wanna do work now	12/10/2014 8:30 PM
2	i can concetrate more in class now	10/12/2014 8:06 PM
3	It made me more focused.	10/7/2014 3:27 PM
4	i complete more of my school projects than i used too	10/6/2014 4:28 PM
5	Not much	9/15/2014 5:27 PM
6	It helped me complete my high school! Not giving up on things that are hard!	7/9/2014 11:28 PM
7	Finishing the course have me the confidence to believe in myself and what I could do they pushed me as hard and as far as they could go and I'm grateful because I don't know where I'd be without it	2/6/2014 10:33 PM
8	I am more patient and willing to learn	1/28/2014 8:17 PM

Participants Survey

9	I became more focused, when I have a task to do I will focus on that set task and will not veer off and venture on to something else because I am getting bored.	1/28/2014 7:26 PM
10	Not to give up when somethings hard.	12/7/2013 8:06 AM
11	I never used to do things, but now I'm starting to really get on top of it all:)	12/4/2013 2:54 PM
12	working hard completing tasks on new start helped me to feel the satisfaction of being successful	10/27/2013 9:22 PM
13	I can work through tasks to a deadline	10/18/2013 1:29 PM
14	I do work now	10/2/2013 11:21 AM
15	keeping on track most times	9/16/2013 9:10 AM
16	if you complete more, you earn more.	9/14/2013 5:25 PM
17	it helped me alot for the same reason as school.	9/4/2013 7:11 PM
18	As I slowly gained self confidence and felt happy with myself for completing tasks I eventually starting doing this that I never thought I would without hesitation	9/4/2013 4:23 PM
19	I'm still the same really	9/4/2013 4:19 PM
20	i have done my assignments by my self and only recently have completed all set work on the board	7/20/2013 8:45 PM
21	i almost have this power will that forces me to kinda finish what i start no matter, rather than kinda letting it go and not caring.	7/11/2013 3:21 PM
22	I manage my time better and study for tests	6/23/2013 7:13 PM
23	Developed a drive for goals to get to where i want to be...	6/6/2013 7:14 PM
24	im doing more better in class i listen	6/5/2013 12:59 AM
25	Making sure we ended up completing our tasks made us all feel better and happy about everything.. The more hard work and determination we put in the more tasks we could complete even if it made us leave our comfort zone.	6/4/2013 8:48 PM
26	Made me get down with it, fight through it,	5/31/2013 8:45 PM
27	it helped me get moterviated to do this :)	5/31/2013 8:30 PM
28	I never give up on the task at hand	5/31/2013 4:52 PM
29	Taught me that a task, however big it is, it is always possible to complete.	5/31/2013 3:23 PM
30	I don't just half do things anymore	5/31/2013 1:41 PM
31	I believe i'm more concentrated both at school and in the work place which is vital, newstarts program has most defiantly helped me to relies that this is very important	4/17/2013 10:46 PM
32	this was a big help and has been a big part in my life.	12/15/2012 8:12 PM
33	I complete every task I can possible do to the best of my skills no matter what now	12/12/2012 1:20 PM
34	really putting my foot down and doing really good in school.	12/5/2012 1:22 PM
35	i am able to complete task a little more better	12/4/2012 4:38 PM
36	alot , i can now have alot moremotive	12/4/2012 9:40 AM
37	try harder to make myself proud	12/2/2012 9:35 PM
38	i still dont complete tasks on time	11/17/2012 2:00 AM
39	Newstart taught me if you start a task completing is the only right thing :)	11/7/2012 10:34 PM
40	I now can finish what i start without having much difficulty	11/1/2012 3:22 PM
41	they taught us that if we started something that we should always finish it even if we dont want to	11/1/2012 2:56 PM
42	Lernt how to actually COMPLETE them and not leave half way	11/1/2012 1:16 PM
43	i used to get really frustrated with tasks but im alright now	11/1/2012 11:02 AM
44	I can concentrate more in class	11/1/2012 10:08 AM

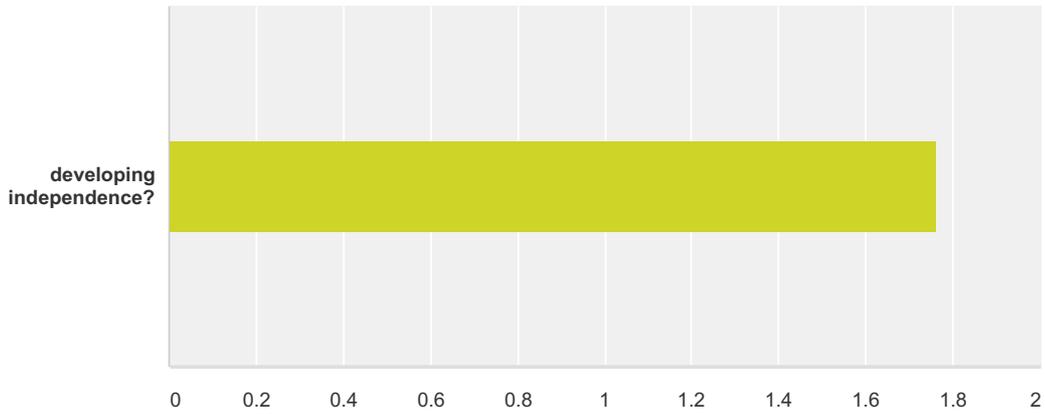
Participants Survey

45	I used to get distracted by things and was really lazy and wouldn't complete school work and I hardly went to school but newstart changed all that for me they showed me that I need to complete tasks that are given to me because I can do anything if I set my mind to it nothing is impossible	10/31/2012 11:54 PM
46	I was taught determination, which still to this day encourages me to complete tasks	10/31/2012 11:28 PM
47	I have A.D.D so its always been hard but it became a bit easier after newstart	10/31/2012 9:50 PM
48	I try finish every thing	10/31/2012 6:47 PM
49	I never used to concentrate and just do anything but now that I concentrate on what I do I can get my tasks done heaps quicker and do a better job at them than I used to.	10/31/2012 3:44 PM
50	i now now that to get somewhere in life compleate what you started, dont give up	10/31/2012 2:56 PM
51	good.	10/31/2012 2:39 PM
52	I complete more work.	10/31/2012 10:26 AM
53	I have a little more focus on following through with things	10/30/2012 11:38 PM
54	I can proudly say I now finish things instead of just leaving halfway through	10/30/2012 10:42 PM
55	these days i don't do thing half-assed, and i'm less likely to back out of something...	10/30/2012 7:44 PM
56	From completing Newstart it made me want to complete school	10/30/2012 4:44 PM
57	i hardly give up tasks now	10/30/2012 3:50 PM
58	I can concentrate at school.	10/30/2012 3:19 PM
59	When it came to the 47k hike we pushed ourselves to try and finish a day early we always completed the task that was given to us	10/30/2012 11:49 AM
60	on the program I was so concentrated, i did most things giving it my 100% but now being back at school I just can't focus.	10/30/2012 11:30 AM
61	made my drive increase, like after completing all the crazy challenges we did, that verything else should be don too	10/30/2012 7:34 AM
62	I could always concentrate, although newstart showed me i could really complete something if i just stick with it.	10/29/2012 11:18 PM
63	I actually want to complete work to achieve something instead of sitting there bludging.	10/29/2012 11:02 PM
64	It helped me realise the more effort you put in to work something out it'll help you sort the problem out for good.	10/29/2012 10:42 PM
65	before new start I don't think I could concentrate more than five minutes but when you are either rock climbing, abseiling, caving it forces you to concentrate because really you have no choice and I believe this has given me the ability to be able to concentrate for longer	10/29/2012 10:22 PM
66	It helped my concentration amazingly, it also made me realize that i need to complete the tasks that i finish	10/29/2012 10:17 PM
67	I always finish something that I start now	10/29/2012 10:15 PM
68	I didn't doubt everything as much as I originally did.	10/29/2012 10:14 PM

Q20 What effect did your participation in Operation Newstart have on developing independence?

Answered: 151 Skipped: 9

Participants Survey



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
developing independence?	43.05% 65	38.41% 58	17.88% 27	0.66% 1	0.00% 0	151	1.76

#	Comments for "developing independence?"	Date
1	I'm a strong independent person now	12/10/2014 8:30 PM
2	it helped me be more independent	10/12/2014 8:06 PM
3	It has made me less reliable on my family and friends and more independent.	10/7/2014 3:27 PM
4	i am more confident about getting out on my own doing things without my parents	10/6/2014 4:28 PM
5	Not much	9/15/2014 5:27 PM
6	I developed much more independence- I was finding myself determined to learn things so I can develop my own Independence as encouraged in the program. I felt this greatly gained much confidence in myself!	7/9/2014 11:28 PM
7	I loved learning that I was allowed to be independent whilst on the program especially coming from a family violence background it really opened my eyes	5/18/2014 1:45 PM
8	Everything's still the same and my mums actually starting to trust me more and give me more independence	2/6/2014 10:33 PM
9	Operation newstart taught me not to just worry about being a parent to my mum and siblings but to go out and enjoy my youth too. They taught me how to cook, clean, be self sufficient.	1/28/2014 8:17 PM
10	I will now do things by myself instead of needing someone to be there with me.	1/28/2014 7:26 PM
11	I've a;ways been independent	12/7/2013 8:06 AM
12	Always been independent :)	12/4/2013 2:54 PM
13	the tasks helped me to think for myself which gave me confidence to be independent	10/27/2013 9:22 PM
14	made me feel like I can stand on my own two feet	10/18/2013 1:29 PM
15	Gave me experience in doing things on my own, useful when I completed World Challenge.	10/2/2013 8:49 PM
16	I now don't rely on others to do things earning money own money and supporting myself	9/16/2013 9:10 AM
17	me being on my own scares me, because im afraid of what il do to myself	9/14/2013 5:25 PM
18	it didnt really help me.	9/4/2013 7:11 PM
19	After new start I moved out of home and now currently support myself at 18.	9/4/2013 4:23 PM
20	I can now do things by myself, not always needing someone by my side like I used to	9/4/2013 4:19 PM
21	massive, i do everything by myself, and cant wait to leave school and start my life by myself :)	7/11/2013 3:21 PM
22	I don't look to my friends as much for help	6/23/2013 7:13 PM
23	if it was to be, it was up to me !!!!	6/18/2013 9:47 AM
24	Already independent...but more so as i have aged..	6/6/2013 7:14 PM

Participants Survey

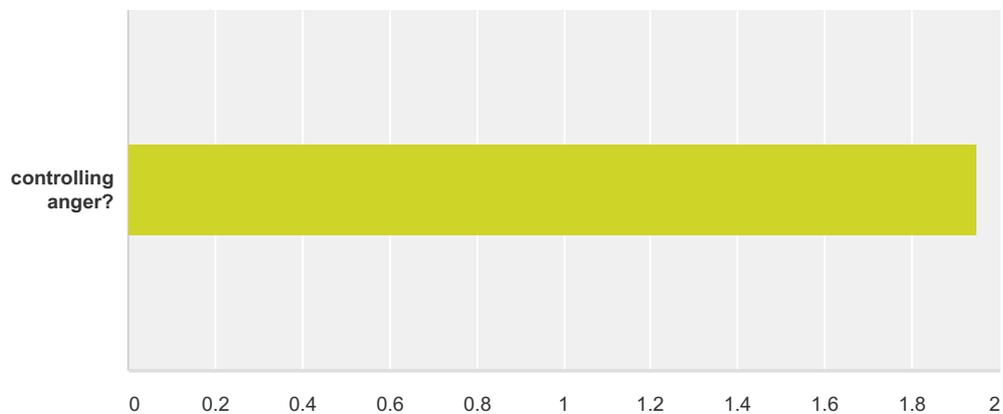
25	im very independent i dont like people helping me	6/5/2013 12:59 AM
26	It showed me to leave our comfort zone I could complete things I never thought I could do/handle.	6/4/2013 8:48 PM
27	i have always had independence i have to let people help me that's all and now i do	5/31/2013 9:03 PM
28	i dont have to lean on anyone but me :)	5/31/2013 8:30 PM
29	I became more of a leader	5/31/2013 4:52 PM
30	I still sometimes depend on others	5/31/2013 1:41 PM
31	THIS IS MY BIGGEST IMPROVMENT! I have always been dependant on pedants, teachers and peers to help me get through but most of the activities and mentoring sessions have showed me that it is important to have independence for my career.	4/17/2013 10:46 PM
32	defiantly	12/21/2012 9:42 AM
33	I got the apprenticeship all by my self, and was able to take the interview head on	12/12/2012 1:20 PM
34	I was fairly independent to start with as I had to care for my mum and younger siblings but I didn't want to leave home no matter how bad it was. Newstart showed me that it was okay to leave and that I shouldn't have to care for my whole family. That it wasn't my job. My job was to be a kid and enjoy life too.	12/10/2012 5:47 PM
35	i have become more independent with my friends, school work and home life.	12/9/2012 12:02 PM
36	i like to be inderpendent and really on myself.	12/5/2012 1:22 PM
37	makes me look at things more	12/4/2012 9:40 AM
38	trying to work with my mum on letting me try alot more things by myself	12/2/2012 9:35 PM
39	Towards the end of 2010 I turned 15 and got my first part-time job and it's given me the biggest amount of knowledge about becoming independant and being able to help my mum and know what it's like to have your own money and choose what to spend it on.	11/19/2012 9:28 PM
40	i dont even understand	11/17/2012 2:00 AM
41	being in a bush for that long for sure	11/7/2012 10:34 PM
42	it showed me i dont always have to depend on others, i now live in my own house, pay my own rent, pay my own bills, i even cook myself dinner after work every night!	11/2/2012 8:27 AM
43	I am becoming more and more independent as the days go by, thanks to Operation Newstart of course	11/1/2012 3:22 PM
44	they helped us make a reusme and got us started in the work force	11/1/2012 2:56 PM
45	I have all the independence in the world now and wouldn't have it any other way	11/1/2012 1:16 PM
46	i went out and starting looking for jobs and everything.	11/1/2012 11:02 AM
47	i was already very independent	11/1/2012 10:36 AM
48	I'm more independent and I do things by myself now that I'm older and more responsible	11/1/2012 10:08 AM
49	I now know how to releye on myself because at the End of the day I'm gonna be the one who pushes myself through everything and hard and complex tasks	10/31/2012 11:54 PM
50	I have stopped relying on others	10/31/2012 11:28 PM
51	I dont live off my parents anymore, i got a job and supported myself	10/31/2012 9:50 PM
52	I was already a fairly independent person as it is, but i suppose i cook more often.	10/31/2012 9:17 PM
53	Well i guess	10/31/2012 6:47 PM
54	I'm still not very independent but I am more independent after the program but that will come with time.	10/31/2012 3:44 PM
55	ive always been slightly independent but after moving out of home, an the suport operation newstart gave me at the time and still now, i have alot more independence	10/31/2012 2:56 PM
56	yes i have developed more independence	10/31/2012 2:39 PM
57	I can spend more time by myself.	10/31/2012 10:26 AM
58	I can deal with things myself and cope by myself better	10/30/2012 11:38 PM
59	I like being independent but I now no when I have enough independence and that sometimes I need people's help	10/30/2012 10:42 PM

Participants Survey

60	always been independent, but some times, like everyone i like to depend on someone once and a while...	10/30/2012 7:44 PM
61	Made me more independent	10/30/2012 4:44 PM
62	im more independent now	10/30/2012 3:50 PM
63	im more inderpentant	10/30/2012 1:41 PM
64	I became more independent and didn't rely on my mum as much as I did	10/30/2012 11:49 AM
65	I have so much more confidence in myself & my capabilities.	10/30/2012 11:30 AM
66	not really, as it was mostly a team environment	10/30/2012 7:34 AM
67	No effect	10/29/2012 11:18 PM
68	It showed me I had to use my own skills that I had learnt and that I learnt more along the way.	10/29/2012 10:42 PM
69	at Newstart they allowed me to be responsible for myself and didn't tolerate any of my immaturity, also they didnt keep me on a leash but understood the boundies	10/29/2012 10:33 PM
70	it was the first time i got put with not knowing anymore.	10/29/2012 10:26 PM
71	I have always been a very independent person and don't think this will change	10/29/2012 10:22 PM
72	It helped me understand that i dont need people to guide me through everything and can do so much for myself	10/29/2012 10:17 PM
73	I felt more powerful.	10/29/2012 10:14 PM
74	By sorting out my own problems	10/29/2012 2:09 PM

Q21 What effect did your participation in Operation Newstart have on controlling anger?

Answered: 152 Skipped: 8



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
controlling anger?	38.82% 59	30.92% 47	26.97% 41	2.63% 4	0.66% 1	152	1.95

#	Comments for "controlling anger?"	Date
1	I can control all my emotions now	12/10/2014 8:30 PM
2	It helped me to control my anger and now i dont get that angry	10/12/2014 8:06 PM
3	my sister still annoys me but i can manage my anger better	10/6/2014 4:28 PM
4	Learnt to relax more	9/15/2014 5:27 PM
5	I was a silent angry person and this allowed me to find out what it was I was feeling and how better to deal	7/9/2014 11:28 PM

Participants Survey

6	Coming from a violent background my take on situations that made me angry was hit first ask questions later but after completing the program I learned that there where other much healthier ways to deal with my anger	5/18/2014 1:45 PM
7	When I get angry I flip it and I used to not no how to control it now I can walk away when I'm angry and come back when I have cooled of and take responsibility for what i did	2/6/2014 10:33 PM
8	I don't know where I would be without operation newstart.	1/28/2014 8:17 PM
9	I dont have sudden outbursts of rage anymore. If I have a problem with someone I will talk to them instead yelling at them or fighting with them.	1/28/2014 7:26 PM
10	I now know that taking my anger out on things isn't the best thing but to take deep breaths	12/7/2013 8:06 AM
11	I'm always calm, but it has caused me to know what to do in those situations	12/4/2013 2:54 PM
12	still get angry from time to time but maybe no so intensely as before	10/27/2013 9:22 PM
13	To think things through before I over react to a situation	10/18/2013 1:29 PM
14	I don't hit things or hurt people	10/2/2013 11:21 AM
15	learning I needed to breath then re think the situation and see if its worth getting angry	9/16/2013 9:10 AM
16	i now have an even temper, i can sometimes control it. Other times i cant.	9/14/2013 5:25 PM
17	nothing.	9/4/2013 7:11 PM
18	I was a hateful person, newstart showed me all different techniques to deal with my anger issues.	9/4/2013 4:23 PM
19	I used to be real angry, and I used to get frustrated really quickly. But newstart taught me how to handle that in the most harmless way, and it has really worked!	9/4/2013 4:19 PM
20	i've learnt to control and to ignore if people say negative things	7/20/2013 8:45 PM
21	to put your mind on something else.	7/17/2013 1:25 PM
22	i do not feel angry anymore, and i cant really explain were it went haha.	7/11/2013 3:21 PM
23	I haven't had a detention or been sent out this whole year	6/23/2013 7:13 PM
24	I was more depressed.....	6/6/2013 7:14 PM
25	im more controlled	6/5/2013 12:59 AM
26	Newstart taught us to not swear or take our anger out on anyone because there is no plus side to that.	6/4/2013 8:48 PM
27	I don't blow my anger out on others, I do not fight anymore, Self defence got most of my anger out, also the amazing camps, except the hike ;)	5/31/2013 8:45 PM
28	it really helped i have it from time to time but i can turn it on and off.	5/31/2013 8:30 PM
29	I learnt not to retaliate as much	5/31/2013 4:52 PM
30	I don't lose it over nothing	5/31/2013 1:41 PM
31	I have never been an angry person, but the program has fantastic activities for people who find it hard to control.	4/17/2013 10:46 PM
32	always been under control ;)	12/21/2012 9:42 AM
33	this was my main reason for joining the program and it was like anger was the sickness and the program was the cure. i am a very relaxed person now i used to smoke to help calm me but i am now a non smoker.	12/15/2012 8:12 PM
34	I just talk it out without raising my voice	12/12/2012 1:20 PM
35	I learnt how to control my anger and to just walk away from situations that could get out of control and to just come back to them later when things calm down.	12/10/2012 5:47 PM
36	i have controll of my anger knowing theres other ways to manage anger.	12/5/2012 1:22 PM
37	i am able to control my anger more	12/4/2012 4:38 PM
38	im happier now	12/4/2012 9:40 AM
39	thinking quickly and apologising	12/2/2012 9:35 PM
40	It was more my emotions than anger. I used to get so emotionally wound up over the smallest things because I didn't know how to control them and I was such a wreck and now I can almost hide my emotions they've improved so much!	11/19/2012 9:28 PM

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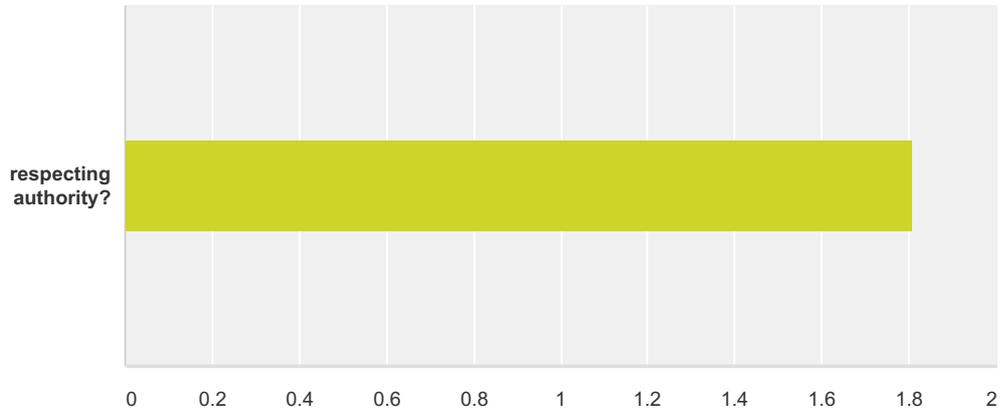
41	i could always control my anger	11/17/2012 2:00 AM
42	I still struggle but still am on the way of fully fixing the problem	11/7/2012 10:34 PM
43	I don't get angry so easily anymore	11/1/2012 3:22 PM
44	that if something doesnt go your way that you should not get angry and lose the plot you should sit down and work it out	11/1/2012 2:56 PM
45	My anger wasn't an issue	11/1/2012 1:16 PM
46	im not really an angry person	11/1/2012 11:02 AM
47	it helped me use strategies to control my anger	11/1/2012 10:36 AM
48	My anger used to be terrible I used to lose it and I wouldn't be able to control it it was like I had a split personality and I couldn't control the angry side of me what's so ever new start helped me and showed me ways I can control that anger by thinking and talkig to people about how I feel and excepting things for the way they are	10/31/2012 11:54 PM
49	My anger was under control for months after Operation Newstart.	10/31/2012 11:28 PM
50	I use to have the worst anger in the south-east, but now i have barely any anger	10/31/2012 9:50 PM
51	I can let my anger out more of a positive way instead of 'lashing' out on my love ones.	10/31/2012 9:17 PM
52	It helped so much with that	10/31/2012 8:05 PM
53	Yeah good i dont get angry as much	10/31/2012 6:47 PM
54	I'm not an angry person but I can control my mood swings a lot better than I used to be able to	10/31/2012 3:44 PM
55	i dont think i ever had a problem with my anger	10/31/2012 2:56 PM
56	that is still the same..	10/31/2012 2:39 PM
57	I don't yell.	10/31/2012 10:26 AM
58	Anger is one of the main reason i joined operation Newstart, operation newstart helped me control my anger a lot better and ever since i did the program in 2011 i have been a lot more calmer person.	10/31/2012 12:52 AM
59	I use to be such an angry person but I'm a lot better now and I can control myself	10/30/2012 11:38 PM
60	Few classes of Anger Management had some weak changes, wasnt really much help though.	10/30/2012 11:03 PM
61	I do no how to control my anger now thanks to the program	10/30/2012 10:42 PM
62	i don't think i really ever had a problem in that area.	10/30/2012 7:44 PM
63	I learned how to control my anger	10/30/2012 4:44 PM
64	no problems	10/30/2012 3:50 PM
65	I've learnt how to calm myself down.	10/30/2012 3:19 PM
66	I don't have anger more depression than anything like that	10/30/2012 11:49 AM
67	it helped me a lot during the program but I have slipt back into a few anger patterns.	10/30/2012 11:30 AM
68	provided m with some strtergies, definitely noticed in general i had less anger was a much happier and calmer person	10/30/2012 7:34 AM
69	I have never had a real problem with anger.	10/29/2012 11:18 PM
70	If we something wrong we thought of a punishment for it and if we done something wrong we had to do the punishment otherwise we'd let everyone down.	10/29/2012 10:42 PM
71	that was 1 of my major issues but now its 1 of my smallest concerns.	10/29/2012 10:33 PM
72	I have always had anger problems and don't think we done any activities in new start that helped with, but it did make me a happier person so I didn't need to control it as much	10/29/2012 10:22 PM
73	It showed me that people that just lose their temper over nothing just look ridiculous and that its not necessary, you can just relax and think things through	10/29/2012 10:17 PM
74	I was never an angry person	10/29/2012 10:15 PM
75	I realised that I can not always get my way.	10/29/2012 10:14 PM

Participants Survey

76	I learned new tools to manage my anger	10/29/2012 2:09 PM
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Q22 What effect did your participation in Operation Newstart have on respecting authority?

Answered: 150 Skipped: 10



	Significant positive effect	A slight positive effect	No effect	A slight negative effect	A significant negative effect	Total	Weighted Average
respecting authority?	46.00% 69	27.33% 41	26.00% 39	0.67% 1	0.00% 0	150	1.81

#	Comments for "respecting authority?"	Date
1	Nothing	12/10/2014 8:30 PM
2	i never had much trouble with authority but yeah it did i guess	10/12/2014 8:06 PM
3	i have always respected the police	10/6/2014 4:28 PM
4	Was fine with them to begin with	9/15/2014 5:27 PM
5	much respect	7/9/2014 11:28 PM
6	I never respected authority until the newstart program but spending all that time with the police officers made me realise that they are not bad people who have a job to do that takes a great deal of commitment and passion	5/18/2014 1:45 PM
7	After my situation with the police I lost all respect but after doing Casey newstart I've learnt that some authority figures may be mean but most of them are still okay to be around	2/6/2014 10:33 PM
8	I dont argue with teachers anymore, I respect their position and let them tell me what to do instead of me telling them.	1/28/2014 7:26 PM
9	I now have a lot more respect for authority because i always thought they were bad and out to get you, but now i know that they want to help you as much as every one else does.	12/7/2013 8:06 AM
10	Always respect the authority:)	12/4/2013 2:54 PM
11	i am more ready to listen to instructions from my boss etc	10/27/2013 9:22 PM
12	That they are there to protect me and others around me	10/18/2013 1:29 PM
13	I understand how they try hard to change the community, it's not how the media pitch authority to the community	10/2/2013 8:49 PM
14	learning right from wrong and just thinking of what wOuld happen if I did something that I shouldn't	9/16/2013 9:10 AM
15	i now do respect authority because i know, all they're trying to do is help.	9/14/2013 5:25 PM
16	it diffident change my respect for authority.	9/4/2013 7:11 PM

Participants Survey

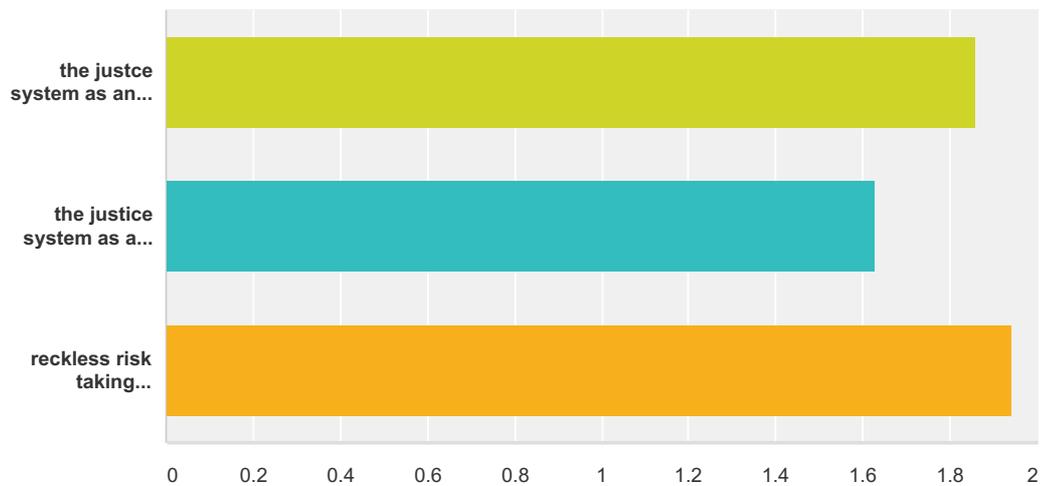
17	I can now completely respect authority.	9/4/2013 4:23 PM
18	learnt to calm done and not to argue with teacher	7/20/2013 8:45 PM
19	thats the biggest change in myself, respect is huge to me, and i believe thats what kids are missing now days.	7/11/2013 3:21 PM
20	I know if I respect them they will respect me	6/23/2013 7:13 PM
21	Always been respectful.	6/6/2013 7:14 PM
22	ive never had a problem with authority	6/5/2013 12:59 AM
23	Newstart showed me that the authority is there for us, for helping and protecting us when we are in need.	6/4/2013 8:48 PM
24	i look up to authority :)	5/31/2013 8:30 PM
25	I respect people's authority alot more	5/31/2013 4:52 PM
26	I already respected them.	5/31/2013 3:23 PM
27	I listen to what they have to say	5/31/2013 1:41 PM
28	I have a lot of respect for authority, i have never really been in trouble before, as the police force is my dream profession, ill always have respect for our authorities.	4/17/2013 10:46 PM
29	yeh	12/21/2012 9:42 AM
30	i have always been strong headed and believed i am my own authority but i have become more level headed and see reasoning and compromising.	12/15/2012 8:12 PM
31	I already had respect for what they do	12/12/2012 1:20 PM
32	Before newstart I thought every one was out to get me and just wanted to boss me around ect. After newstart I have learnt that there is a reason behind everything I was being told to do or getting in trouble for. I have found a great deal of respect for police, teachers and employers.	12/10/2012 5:47 PM
33	that we all have rules to follow and theres consequenses for our actions.	12/5/2012 1:22 PM
34	i am able to respect the authority better	12/4/2012 4:38 PM
35	i have learned to respect more	12/4/2012 9:40 AM
36	listen more	12/2/2012 9:35 PM
37	i always respected the authority in a way	11/17/2012 2:00 AM
38	In circumstances	11/7/2012 10:34 PM
39	I never had a problem with authority	11/1/2012 3:22 PM
40	that they are always there to help and not hinder	11/1/2012 2:56 PM
41	A halfly always respected authority but I do it a lot better now	11/1/2012 1:16 PM
42	i have a better understanding	11/1/2012 11:02 AM
43	i respect their position in the justice system more then before newatart	11/1/2012 10:36 AM
44	I learnt that police arnt their to make your life hard, their there to make life safer	10/31/2012 9:50 PM
45	I always had respect.	10/31/2012 9:17 PM
46	Sometimes I still don't respect the authority but if they are nice and respect me they will always get the same in return.	10/31/2012 3:44 PM
47	other then understanding how hard their job is i think i have always respected authority	10/31/2012 2:56 PM
48	I have always respected them.	10/31/2012 10:26 AM
49	It made me treat people of authority with a lot more respect it made me have a realization that its not easy for them then when i give them even more trouble it make it a lot more harder for them.	10/31/2012 12:52 AM
50	I respect people like teachers and policeman now, when I use to think they werent the best people in the world	10/30/2012 11:38 PM
51	I do respect my elders and peers a lot more now	10/30/2012 10:42 PM
52	didn't have problem in that area.	10/30/2012 7:44 PM
53	Made me respect authority	10/30/2012 4:44 PM

Participants Survey

54	i always respect them	10/30/2012 3:50 PM
55	I see why they do what they do, and they then respect me back.	10/30/2012 3:19 PM
56	I didn't like going to school because I felt the teachers treated me like a child after the program I spoke to them about it and they treated me like more of an adult	10/30/2012 11:49 AM
57	...	10/29/2012 11:18 PM
58	The authority is there to help, not to hurt or cause any trouble it's there for a reason.	10/29/2012 10:42 PM
59	i still struggle being told what to do due to my independence and persona, but i'm learning that that's is just the way it is so don't make things worse	10/29/2012 10:33 PM
60	I have a lot of respect for people in authority now, after realise they do a lot for you and deserve everyone's respect. I have also learnt to listen to everyone a lot more instead of storming off and thinking I know everything during new start you really start to rely on jimmy because you will need someone to talk to and someone there to help you through the bad times	10/29/2012 10:22 PM
61	Helped me respect authority a WHOLE lot more and realize that it is there to help me not make me upset and angry,	10/29/2012 10:17 PM
62	I was much more accepting of them just doing their job.	10/29/2012 10:14 PM
63	I learned to repect that people have a gob to do	10/29/2012 2:09 PM

Q23 Do you believe participation in Operation Newstart has reduced the risk of you being involved in:

Answered: 35 Skipped: 125



	Significant reduction in risk	Moderate reduction in risk	Slight reduction in risk	No effect	Slight increase in risk	moderate increase in risk	significant increase in risk	not known	Total	Weighted Average
the justice system as an offender?	51.43% 18	17.14% 6	8.57% 3	11.43% 4	0.00% 0	0.00% 0	0.00% 0	11.43% 4	35	1.86
the justice system as a victim?	48.57% 17	14.29% 5	11.43% 4	11.43% 4	0.00% 0	0.00% 0	2.86% 1	11.43% 4	35	1.63
reckless risk taking behaviour, e.g. getting into a car as a passenger with a drunk/drug affected driver?	57.14% 20	20.00% 7	0.00% 0	11.43% 4	2.86% 1	0.00% 0	0.00% 0	8.57% 3	35	1.94

Participants Survey

#	(please note question added after 124 responses received); Any further comment?	Date
1	I just needed guidance on my behaviour and my whole outlook on life	10/6/2014 4:28 PM
2	This program has changed my life! I hope to see more Teenagers lives changed for the better because truly, It was absolutely SENSATIONAL!	7/9/2014 11:28 PM

Q24 Is there anything else that you would like to tell us about your participation in Operation Newstart?

Answered: 94 Skipped: 66

#	Responses	Date
1	Its a really good programme..plus matt and phil earnt our trust and respect and in return we got theirs...thanks guys	1/4/2015 5:20 AM
2	velcro for life!!!	12/10/2014 8:30 PM
3	I will forever be grateful for the opportunity to partake in the program and to the facilitators who even six years down the track encourage me to be the best version of myself possible. This program changed my life.	10/30/2014 12:24 PM
4	Operation Newstart has given me the confidence I have never had before. The people on the team and lovely and the activities and challenges are amazing. I pushed myself to the limit and I'm glad I did because I know that I will never have this opportunity again.	10/7/2014 3:27 PM
5	I recommend newstart for all kids as they will benefit from it like i have	10/6/2014 4:28 PM
6	Was awesome made some great friends got a better attitude and was so much fun :)	9/15/2014 5:27 PM
7	Good luck and hope more people come forward as It really does make a huge difference!	7/9/2014 11:28 PM
8	My experience in operation newstart was honestly the best thing that ever happened to me, I learned so much I have not forgotten anything from my program, I have been back to visit where I did my program several times! I love the operation newstart program and everything it has to offer youth at risk	5/18/2014 1:45 PM
9	thank you for changing my life	5/12/2014 9:44 AM
10	My participation In Casey newstart changed my life for the best without the program I would have dropped out of school and not have done anything or even have a job right now. So please don't stop this program it does help us teenagers get our life back on track	2/6/2014 10:33 PM
11	Don't ever stop operation newstart! They are awesome!! If I could do it all again tom	1/28/2014 8:17 PM
12	PLease don't put an end to Operation Newstart, I had such a good time and it made a significant change in the type of person that I am, I'm positive that it will help other people and not just me. :)	1/28/2014 7:26 PM
13	That this program has helped so many people like myself and it would be a shame to let it go. to many people have there lives today thanks to the program please don't shut it down	1/28/2014 4:12 PM
14	Yes, this program, has given me the power to move forward & to know that there's something out there that changes people's worlds & given them a new chance is quite heart breaking:/	12/4/2013 2:54 PM
15	the program helped me get along with my family and helped me with organizational skills as before i didnt have.	11/28/2013 8:32 PM
16	I loved it I leant a lot and made good friends	11/14/2013 10:44 PM
17	I loved new start, great experience, I love Rob and the crew without them, I wouldn't have made it this far, I thank them so much,	10/27/2013 9:36 PM
18	without operation new start i dread to think where i would be . i owe it a lot.	10/27/2013 9:22 PM
19	The people involved in ON were great role models, encouraging, compassionate and understanding. They have changed my behaviour for the better.	10/18/2013 1:29 PM
20	It was an experience that I would never forget, I am thankful for everything that I have learnt, would recommend it to anybody.	10/2/2013 8:49 PM
21	this program really helped to achieve the personal best in me now knowing that I can achieve anything and put my mind to it	9/16/2013 9:10 AM

Participants Survey

22	it was good fun	9/15/2013 5:32 PM
23	Operation Newstart has done nothing but help me and make me a better person. i am so grateful	9/14/2013 5:25 PM
24	it was really fun and it should continue.	9/4/2013 7:11 PM
25	Operation new start honestly changed my life, going into this program originally I thought 'Sick! 6 weeks off school for being a bad ass' But as the weeks flew on and the friendships and bonds I made with people completely changed my outlook on operation newstart. People don't understand how much it actually DOES help because they haven't experienced it for themselves. A struggling 15 year old with a high ego and anger issues, well did Chris and Jimmy put me in my place..not only did they give me great techniques on how to handle my anger, they reminded me why I should start respecting everyone else and stop being so conceited. It showed me to believe in myself and taught me I can do anything if I put my mind to it. Two years on and I'm still sitting around with my bestfriend Carly Toth (who I was thankful enough to meet on newstart) wishing we could do it all over again! My Thank-You cuddles and tears of joy will never be able to sum up of how appreciative I am that I got to partake in such an amazing eye opening journey!	9/4/2013 4:23 PM
26	Newstart was by far the best thing that I've ever experienced. The program pushed me to my limits and showed me that I could accomplish things I didn't even know i was capable of. If I could have it my way I'd want every kid to experience what I did. The journey I took part in will stay with me forever! My now bestfriend also took part in newstart with me, I didn't know her before I started the program. We formed a strong bond and supported eachother throughout the whole experience. Thanks to newstart I've met an amazing friend, and we always have an incredible memory or story to tell of what we have accomplished. I would repeat the experience all over again in a heartbeat. If the program was to get shutdown it would be a terrible idiotic mistake. Because sometimes little things that dont matter to some people, like winning an award, or getting through a 30km hike, or conquering your fears on a 60m abseil, can mean the world to another. And it gives kids the boost they need, when they can't shut those negative thoughts up in their head. Newstart is a positive fresh breath of air that just does absolute wonders.	9/4/2013 4:19 PM
27	Operation Newstart gave me more confidence i knew i had	7/20/2013 8:45 PM
28	it was awesome i wish i could do it again thankx operation newstart :) you have a big change in my life. :)	7/20/2013 9:32 AM
29	no :)	7/17/2013 1:25 PM
30	its a great program it spends time with kids who really need it, and for our youth i think its very important, as kids are getting worse, and taking away a program trying to help that would be stupid. :)	7/11/2013 3:21 PM
31	I actually miss it, the opportunities and the friends I made, and the fact I knew u could always count on someone	6/23/2013 7:13 PM
32	I was very grateful to have all my work appreciated an recognised. Sounds chessiicious but newstart begun a huge improvement on the quality of my life! :) thanks jimmy and chris!!!!	6/6/2013 7:14 PM
33	its been awsome and hope to ss you again jimmy u r awesome	6/5/2013 12:59 AM
34	Newstart changed my life for the best, I am now working full time and part time studying. Newstart has taught me so many valuable lessons that I can use in everyday life for the rest of my life.. It was the best life changing experience I've ever been through.	6/4/2013 8:48 PM
35	I want to come back and do all those things again.	6/2/2013 2:11 PM
36	it a great thing to do and if you get the chance to do take it as it will help you in the long run and when you are there don't fight it just do it you will more out of it if you go with it	5/31/2013 9:03 PM
37	I LOVE YOU USE ALL! Thankyou for everything's have changed me into this brighter and better person <3	5/31/2013 8:45 PM
38	it was amazing i learned so much in just a sort time. i dont think i would have learnt the things i did any where other then at newstart. thank you guys so much.	5/31/2013 8:30 PM
39	New start was the best thing I ever did its so fun and I don't want it to shut down	5/31/2013 4:52 PM
40	Operation newstart was an experience i'll never forget and I'd do it again in a heart beat	5/31/2013 3:23 PM
41	Newstart is such an amazing way for kids to feel happy get out with kids they don't no and have to get to no everyone and enjoy life	5/31/2013 1:41 PM
42	I would just like to say, that newstart along with other things has saved my life, the structure of the 8 week program was planned to get the most out of the kids and it really shines. Thankyou so much andy and knucks, Alesha x	4/17/2013 10:46 PM
43	it taught me to actually enjoy school, i now have a year 12 pass partly because oh newstart, plus jimmy is a sick cunt ;)	12/21/2012 9:42 AM

Participants Survey

44	if it wasn't for this program i don't know who i would have been today but all i know is this program gave me back love for life love for nature and love for others.	12/15/2012 8:12 PM
45	It's a great program and it enables you to go far in life!	12/15/2012 3:05 PM
46	I recommend operation new start to everyone who is struggling because it truly does help and I wouldn't have come as far as I have without it	12/12/2012 1:20 PM
47	it was great and i would love to do it agian !	12/12/2012 12:30 PM
48	Thank you heaps for taking me in and giving me that opportunity.	12/12/2012 11:57 AM
49	I love newstart. My ultimate dream is to one day work with teens alongside the operation newstart crew. They are my heros. I wish I could do it over each and every day.	12/10/2012 5:47 PM
50	i the iLead program was one of the best things that could of happened to me :)	12/9/2012 12:02 PM
51	im thankful that there is a program like this it has changed my perspective on life and my outlook on school education alo my future life.	12/5/2012 1:22 PM
52	no	12/4/2012 4:38 PM
53	i loved it, great program i recomend it	12/4/2012 9:40 AM
54	i feel from all the experiences i know i want more out of life and enjoy my family and not be so lazy.	12/2/2012 9:35 PM
55	This has been one of the best things to happen in my life so I thankyou again, so much. Regards, Ruby Gilmour.	11/19/2012 9:28 PM
56	i wish i could do it again.	11/17/2012 2:00 AM
57	I miss you all like crazyyyy and wouldn't mind doing some activities again bahaha hope all is well Jim bob	11/7/2012 10:34 PM
58	newstat helped me with numerous aspects, but just to name a few things, i achieved my goal that newstart helped me discover and am now a second yr mechanic. my independence improved so well that i now live in my own house, pay my own rent and bills, i even cook my own dinner everyday!! i also received most improved at the newstart graduation. although until recently nothing has ever helped me permanently rid myself of the anger problems i was burdened with, but newstart definately came the closest until i completed the course and returned to school for the last few weeks of the year, where i was unfortunately pushed too far which resulted in 2 students hospitalised and expoltion for myself. i have trained in thai kickboxing from age 6 up to today. i now represent my gym in pro fights twice a month where i turn my "problem" to an advantage, im currently the leading fighter for my gym with 7-w,0-L. thank you newstart for helping me be a better person and achieve all this. you made a major impact on my life.	11/2/2012 8:27 AM
59	I recommend this program to anyone and everyone and if you are lucky enough to be enrolled with Operation Newstart with all respect DO NOT F*** UP YOUR CHANCE! THIS WILL CHANGE YOUR LIFE	11/1/2012 3:22 PM
60	new start changed my life at the start of new start i was going to leave school after year ten but jimmy and chris changed my opinion and said that i should finish and complete year 12 and i just passed year 12 1 week ago. they changed my out look on life and how i look at others and i thank them for that.	11/1/2012 2:56 PM
61	That it was great, the best life changing experience that you could ever have, if I could go back and do it all over again blood swart and tears ! Don't let your fears get in the way of your future !	11/1/2012 1:16 PM
62	Newstart was the best experience of my life. It gave me a whole new look on life, and the confidence to do so much. If i could do it again, i would in a heartbeat. Its an amazing program and I thank Jimmy and Chris so much for all they did for me and pushing me throughout newstart, and wish yous all the best for the future! :) BRUTAL BUDS FOR LIFE!	11/1/2012 11:02 AM
63	It's an amazing experience. I made new friends and got really close with them.	11/1/2012 10:08 AM
64	Newstart was the best thing I had ever done with my life, it showed me right from wrong. Jimmy and Tracy put myself back on the path I never thought I would be on again. They showed me that the sky is the limit and no matter what to just be myself and accept people for who they are and not for what you want them to be. Newstart showed me that if I want something I can go get it, and myself wanting to study law when I adventually leave school I no that I can most certainly do it, like when we had to climb the grandpians I didn't think I could push myself into walking all the way to the top with a bag that was heavier than me, and to be honest I didn't really want to do it at the start but climbing that mountain was the best expeirence for me when we got to the top of that mountain the view was so beautiful it showed me that all the hard work finally pays off in the end. I loved new start I wish I could do it all over again.	10/31/2012 11:54 PM
65	Operation Newstart changed my life. I would highly recommend it to anyone and everyone that has any of the problems that a lot of us teenagers face. I can guarantee that if they follow the rules, they will walk out a brand new person. And much like myself, I've never looked back	10/31/2012 11:28 PM

Participants Survey

66	This program was the most sucessfull out of all the programs that i went through, this program cant get shut down until there is no one left in need of this program.	10/31/2012 9:50 PM
67	Newstart should of kept in contact with the people who attended.	10/31/2012 9:17 PM
68	Operation Newstart changed made a massive impact on my life. Jimmy and Chris really helped me get back in track with my life and showed me that I can do more than I think I can do. If this program gets cancelled it would be a very big mistake because it really does help people. Never in my life did I imagine myself climbing mountains, caving, going on long scenic bike rides, making my own shelter in the middle of no where and camping out under rocks but I did it and the end result was just amazing. The feeling I got with completing these tasks was just unreal! I would do it all over again!	10/31/2012 3:44 PM
69	operation newstart has changed my life for the better, and event now my life is still changing,	10/31/2012 2:56 PM
70	there an amazing bunch of people that work in the operation newstart	10/31/2012 2:39 PM
71	With it went for longer than it did	10/31/2012 11:54 AM
72	Thank you for everything	10/31/2012 10:12 AM
73	It was the greatest thing ever	10/30/2012 11:38 PM
74	There awesome, keep them going and keep it up boys yew.	10/30/2012 11:03 PM
75	I would just like to say that operation Newstart geelong has changed my life massively thanks to Warwick and Andy they are both incredible people and care a lot about the kids they work with they do an amazing job and I would like to thank them for being a huge part on my life :)	10/30/2012 10:42 PM
76	chris and jimmy will always be plastered in my memories, because of their awesomeness, they practically saved my future!!!!!!, xoxo tiff	10/30/2012 7:44 PM
77	I would just like to thank jimmy and Tracey from Casey Newstart one more time for everything they've done for me, even after I finished they've still been there for me! :)	10/30/2012 4:44 PM
78	it is the most amazing experience i have been on	10/30/2012 3:50 PM
79	no	10/30/2012 1:41 PM
80	For someone like me who has depression. I didn't want to live or be here anymore this turned my life around it was a wonderful experience I would love to come Back and do it again I like helping people now and if I'm ever needed I will b there to help	10/30/2012 11:49 AM
81	It is the best thing I have ever done, it brought out the better person in me & I could never thank Andy & wawrick enough for everything they did & still continue to do even though my intake has finished.	10/30/2012 11:30 AM
82	Newstart is by far the best thing that has happened to me.	10/30/2012 7:34 AM
83	at the start it seems shit but at the end you won't want to leave i actually kinda like it :\	10/29/2012 11:20 PM
84	Newstart is a great program for young people struggling to assimilate to society and who deviate from social norms, for me it really was one of the greatest experiences i have been through to date, i would recommend this to anyone who is struggling in school or just want to experience something different and amazing.	10/29/2012 11:18 PM
85	I loved it and want to do it again! Helped so much! Xox thanks guys!	10/29/2012 11:11 PM
86	I would like you thank Jimmy and Tracy for all your help last year. Andrew	10/29/2012 11:02 PM
87	It was an amazing life changing experience, we had so many tasks we had to overcome and complete which made it all the more changing! It was hard, but I still pulled through it. I'm so glad this program has helped me change my life around!	10/29/2012 10:42 PM
88	i find Newstart the best impportunity to change, it provides good coping mechanizerns, Newstart provides fun times but with strong messages about the future in a good way. it gives you life experiences and tools to deal with issues. it gives you a new start.	10/29/2012 10:33 PM
89	Operation newstart was an amazing thing to be apart of, it gave me so much confidence i was so lost and had no idea what i wanted to do in my life.. i wasn't listening to anyone and doing stupid shit all the time.. After i completed it i realized what i wanted to do and had gained so much strength and confidence. It just made me a much better and happier person.	10/29/2012 10:26 PM
90	I believe operation new start is a great program for students who aren't doing very well it makes you find a new confidence in your self that you would never no you had, it gives you the opertuanity to undertake activities that you would never get the chance and you get to make new friends there's nothing better then having the chance to take some time off school to be able to realise what it's going to be like in the real world and that you really need to smarten up and start taking your education seriously and respecting people	10/29/2012 10:22 PM

Participants Survey

91	Newstart changed my life, if it wasn't for the people i met and doing this course i wouldn't be here today, i have them to thank for that, for helping me get a grip on life and know that i have to succeed	10/29/2012 10:17 PM
92	Without Operation Newstart, I wouldn't have become as strong as I am to this very day. During the time I was involved with Newstart my house actually burnt down and without my leaders I wouldn't have had such high hope and faith that things would get better. When I felt low they pulled me up and made me feel amazing.	10/29/2012 10:14 PM
93	It's the best program	10/29/2012 10:07 PM
94	Newstart with phil and matt put my life back on tract and got alot of respect for myself and others. Ive seen alot of my freinds that I was hanging around with have eather died or have serious problem with the police or drugs. I lerned the tools I need to get away from that life. I now own my own bissiness and have a butiful family and I dont think I would have been on this path with out newstart, matt and phil thanks guys	10/29/2012 2:09 PM